

1 June, 2017. Issue No. 7.

Bright P-12 College Newsletter

Sorry Day

Bright P-12 College marked National Sorry Day, a day to commemorate the Stolen Generation, with an assembly hosted by the Year 10 Indigenous Language class. Mrs Cathy McGowan AO MP was a special guest at the assembly. The students presented songs, poems, information and stories about the Stolen Generation both in language (Murrinh-Patha and Dhudhuroa) and in English.



College Calendar

JUNE

THUR 01	-	Secondary O&M Cross Country	WED 14	-	VCE GAT Exam
FRI 02	-	Year 7 immunisation Session No. 2	WED 14	-	ICAS—Spelling
FRI 02	-	Yr 11 Outdoor Ed Navigation & Climbing	MON 19	-	STUDENT FREE DAY
		Day Mt Pilot Chiltern	TUES 20	-	Years 5&6 “The Witches”.
SAT 03	-	BCST second hand ski gear sale	WED 21	-	Hume Primary & Secondary Cross Country
TUES 07	-	VCE/VET/VCAL 2018 Info Night	THUR 22	-	Yr 9 Great Outdoors MTB 1/2 day Bright
WED 07	-	Year 12 Blood Bank visit—11.00am	THUR 22	-	Year 4-6 Football/Netball Winter
THUR 08	-	Primary O&M Cross Country			Sports Myrtleford
FRI 09	-	VCAL Beechworth Day	MON 26—FRI 30	-	Year 11 Work Experience
MON 12	-	Queen’s Birthday Holiday	TUES 27	-	Year 7 & 8 Interschool Sport
TUES 13—FRI 16	-	ICAS—Writing	THUR 29	-	Year 9-12 Interschool Sport
			FRI 30	-	Celebration of Success Assembly—9.30am
					Last day Term 2 finish 2.30pm



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Principal's Report

Sorry Day Assembly

Last Friday we held our annual Sorry Day Assembly presented by the Year 10 Indigenous Languages class with our community of students, parents, staff and invited guests. Cathy McGowan AO, MP attended the assembly as a special guest and gave a short speech sharply contrasting her youthful educational experiences of Indigenous culture to those of our students at Bright P-12 College. Also in attendance were representatives from Wadeye with Rosa Tipiloura, President of the Thathangathay Foundation, giving a heartfelt short speech describing her and the community of Wadeye's connection with Bright P-12 College through the education of the young of Wadeye.

I would like to thank all involved in organising and performing at the assembly: Sue Joyce (Indigenous Languages Teacher), Dallas Mugarra (Indigenous Language Assistant), Year 10 Indigenous Language students: Grace, Austin, Shae, Lauren, Spencer, Harry, Montana, Shaeley, Callum, Max, Brittany, Lachie, Lily, and Will, Gabriel and Rory, Indigenous Students: Mel, Maya, Moses, Ricky, JJ, Marcus, Veronica, Assumpta and Jerry and finally, Maddie and Jasper (Dance).

Open Day

Last week we also held our open day on the Thursday morning. It was a privilege to lead a group of parents on a tour of our secondary facilities that included a visit to the cooking rooms, where the Year 3/4 classes were preparing healthy hamburgers with the help of their teachers and parent volunteers. The kitchen was buzzing with the energy and excitement of the children engaged in the task of preparing a meal, after learning of the importance of diet to health. We then moved on to the canteen where Sam and Nat gave a short talk around the mission and vision of the canteen in supporting the education of the children with healthy eating and their role in modelling and reinforcing the learning through the canteen. The parents and I then had morning tea together. Again, many thanks to all involved from Sally in the office, to the 3/4 teachers; Julie, Lorraine and Daniel, plus Helen, Caz, Steve, Fiona, Sam, Nat, Gil, Doddsy, Rosemary, Kerry and students.

Year 7 Information Evening

It was a busy week last week as we also held our Year 7 Information Evening on Tuesday night. We had a very large group of current parents and students as well as prospective students and parents attend the evening to learn of the secondary educational opportunities at Bright P-12 College. Many thanks to Jenny Young, Year 7 Co-ordinator, and secondary staff in attendance.

Year 9-12 Secondary Subject Selections for 2018

Over the next couple of weeks we will be holding the remaining secondary information evenings and subject selections. **VCE/VCAL & VET is next Tuesday 6th June and Year 9 & 10 is on Tuesday 13th June** both starting at 6.30pm. Students and parents will be given a copy of the 2018 Handbooks and subject selection guides with selections all due by the end of this term.

Bright P-12 College has an extensive range of subject options for senior students and I encourage parents and students of Years 10 & 11 (2017) and Year 9 (2017) who intend to apply for a VCE subject to attend these information evenings to help with decision making. Justin Power (Senior Years Leader) Libby Dean (VCAL Coordinator) and Chris Blazek (VET & Careers Co-ordinator) will be leading the evening and able to answer any questions you may have. Our VCE teachers will also be present to give detailed descriptions of their subjects.

Jean Olley
Principal





Assistant Principal's Report

EXAM time FAST APPROACHING

With Year 10 and 11 exams and end of semester exams for Year 7 to 9 students fast approaching I thought it might be helpful to provide some tips for studying.

"Surviving Year 12" is a great article put together by BeyondBlue; however, it is also applicable to all students who are participating in exams.

The article focuses on some key ideas:

- Support your student to find balance and routine.
- Create a study friendly home – schedule rest breaks.
- Encourage healthy eating, exercise and enough sleep.
- Create effective work spaces.
- Remind your student of their goals.
- Try to give positive feedback when possible.
- Keep an eye on their emotional health.

If you would like to read the article in full please see the following link.

<https://www.youthbeyondblue.com/do-something-about-it/surviving-year-12>



Another great resource can be found on the link below.

<http://www.youthcentral.vic.gov.au/studying-training/studying-tips-resources/top-10-exam-tips>

Uniform

It is important that all students are in correct WINTER UNIFORM as we have moved out of our transition period. If for any reason your child cannot be in full uniform then they need to be provided with a written note. If you have any concerns around uniform or you require assistance, please make contact with me via the Office.

Parent Teacher Interviews Primary

It was wonderful to see so many Primary parents attending parent teacher interviews. Meeting with your child's teachers and receiving face-to-face feedback about your child's academic and social and emotional achievement is important in developing a partnership in learning.

Chickenpox Virus

We continue to have cases of chickenpox in our Primary area. The Vic Health website has some great information around how to proceed if your child has a confirmed case of chickenpox. The link <https://www2.health.vic.gov.au/public-health/infectious-diseases/disease-information-advice/chickenpox-and-shingles> clearly states the exclusion period. If you have any questions please don't hesitate to contact me.

The importance of nut minimalisation and awareness

The Royal Children's Hospital provides the most current and up-to-date information in regard to what causes an allergic reaction or anaphylactic shock. It is always good to be reminded about the causes, signs and symptoms and top prevention tips from the experts. The following information is provided to all community members and has been taken from their website.

Allergic and anaphylactic reactions

Allergic reactions are common. They happen when the immune system reacts to something in the environment that is normally harmless, e.g. food proteins, pollens or dust mites. They can be triggered by an allergen coming into contact with the skin, eyes, nose, lungs, stomach or bowel.

Many allergic reactions are mild, but some can be severe and even life threatening.

The most common causes of allergy in children are eggs, peanuts, tree nuts, cow's milk, soy, wheat, fish and shellfish. Other causes are bee or other insect bites (e.g. wasp, jumper jack ant), some medications such as antibiotics or anaesthetics, and latex (rubber).

What is anaphylaxis?

Anaphylaxis is the most severe form of an allergic reaction and is life threatening. Rates of anaphylaxis are not well documented, but are estimated at approximately 10 in every 1000 school children.

A reaction can develop within minutes of exposure to the allergen, but with planning and training a reaction can be treated effectively by using an adrenaline injection (EpiPen®/EpiPen® Jr or Anapen®/Anapen® Jr). An important aspect of anaphylaxis management is prevention by avoiding the cause.

Signs and symptoms - A reaction will include one or more of these symptoms, and it is possible that a number of them will happen at the same time:

- Hives or welts (a red, lumpy rash, like mosquito bites).
- A tingling feeling in or around the mouth.
- Stomach pain, vomiting and/or diarrhoea.

Facial swelling.

Severe allergic reaction (Anaphylaxis)

This term is used to describe a severe allergic reaction that involves a person's breathing and/or circulation (heart and blood). Any of these symptoms, as well as one or more of the above symptoms of a mild-moderate allergic reaction, indicates anaphylaxis:

- Difficulty with breathing and/or noisy breathing.
- Swelling of the tongue.
- Swelling and/or tightness in throat.
- Difficulty talking and/or hoarse voice.
- Loss of consciousness and/or collapse.
- Becoming pale and floppy (infants/young children).

Prevention - Preventing an allergic reaction or anaphylaxis is very important. Ways you can prevent an allergic reaction or anaphylaxis include:

- Knowing and avoiding the causes.
- Not allowing food sharing or swapping.
- For teachers: only giving foods approved by the parents or foods you have witnessed the child eating before.
- For teachers: using non-food treats where possible, but if food treats are used in class give only those provided by the parents. (Encourage parents to provide a container of safe treats from home).
- Practising routine hygiene and good food safety practices. Children and staff should always wash their hands after play and before eating, and tables should be wiped down after eating.

Sorry Day Assembly

I would like to personally acknowledge the importance of our Sorry Day Assembly last Friday. The students, with Dallas supporting them, put together a very meaningful Assembly. You should all be very proud of the message you were able to get across on Friday. Well done.

Attitudes to Schools Survey DET

We value student voice as a means to improving student engagement, wellbeing and quality instruction and are conducting a survey to find out what your child thinks of our school. The Attitudes to School survey is an annual student survey offered by the Department of Education and Training to assist schools in gaining an understanding of students' perceptions and experience of school. Our school will use the survey results to plan programs and activities to improve your child's schooling experience.

The Department has updated the survey for 2017 to include important new measures that are known to influence student engagement and performance. Students from Year 4 to Year 12 at our school will participate in the survey. Your child will complete the survey online during school hours using a purpose built secure online survey tool. It is important to note that we are not in any way "testing" your child. Your child has the right to refuse or withdraw from the survey at any point before, during, or after completion of the survey.

Your child will be provided with a unique login to complete the survey. The student login is an assigned identifier that may be used by the Department to combine data for research purposes only. Your child's privacy and the confidentiality of your child's survey responses will be protected at all times. No identifiable personal data is included in the survey response file.

The survey results will be reported back to the school in term 3. No student can be identified in the results reported to schools or in any other report of the data.

This year the Attitudes to School survey will be conducted at our school over the period Tuesday 6th June and Wednesday the 7th of June. The survey only takes 20-30 minutes to complete and occurs during your child's class time.

Please speak to your child's teacher if you would like more information or visit the Department of Education and Training website:

<http://www.education.vic.gov.au/school/principals/management/Pages/performsurveyat.aspx>

Kelli Jacobsen
Assistant Principal

Reconciliation Week

National Reconciliation Week is 27 May - 3 June

NAIDOC Week is 2 July - 9 July

Reconciliation is about building better relationships between the wider Australian community and Aboriginal and Torres Strait Islander peoples, for the benefit of all Australians. This year is also the 50th anniversary of the 1967 referendum which voted to change how Aboriginal and Torres Strait Islander people were referred to in the Constitution, so that laws could be made for them.

It is also 25 years since the High Court's Mabo decision which granted land rights to Torres Strait Islander Eddie Mabo and supported native title. This year's theme is *Let's take the next steps*. The NAIDOC Week theme is *Our languages matter*, which celebrates the role of indigenous languages in cultural identity, history and spirituality.

Sue Joyce



Winton Careers Day

On Tuesday the 9th of May the VCAL class and other students from Years 9 - 11 interested in hands-on trades and careers went to a Careers Expo at Winton. The purpose of the day was to experience and learn about different trades and find out about apprenticeships and other jobs that we may be interested in.

I found brick laying intrigued a lot of people, as it was hands on and we learnt a lot about it very quickly. We were able to talk one-on-one with professionals in the trades. There seemed to be a lot of great careers available.

I'd look forward to a future expo where there would be an even more powerful car on the dyno.

Jack Berlowitz, Year 11

The Careers Expo was a great experience. I was looking at Outdoor Education and was surprised to learn about some pathways I could take in the future. There were careers in Outdoor Education or Rec Sport I hadn't considered before, such as becoming a sports physio or personal trainer, and also avenues to get into this field via the Defence Force. I liked the idea of adventure camps and combat training or becoming a trainer with the ADF – it was interesting to see this was another entry point into the career I think I'll love.

Nicola Smith, Year 9

The hands-on nature of this expo was very appealing – students valued the interactive displays, as well as being able to ask questions of experts across many industries, including agriculture, outdoor recreation, mechanics, carpentry, beauty, hospitality, and the Police and Australian Defence Force. A number of students were surprised by the range of careers available to them and the potential to become qualified in a short timeframe, while being paid to train.

We were fortunate to have our Careers Adviser, Chris Blazek, on hand to help facilitate discussions and support students in gathering relevant information.

Klaire Johnston

Teacher - VCAL & Humanities, Work Experience Coordinator



ASX Schools Sharemarket Game

More than a game

Students in the Year 10 Economics & Business elective have just completed the annual ASX Schools Sharemarket Game, having had ten weeks to trade a simulated account of \$50,000 each, using live data from the Australian Stock Exchange. The exercise has proved valuable for reflecting on investing and financial literacy, which are key components of the curriculum.

Here is what students had to say:

"I think trading shares is a risky way of making money, but if you give yourself a budget and are smart about the shares you're buying it could be an easy way." – Grace Taberner

"Make sure you research a lot about the company before you invest, and look at the long-term charts." – Shaley Mackay

"I looked at property investing versus shares. Both have good points and bad points. Shares require an electronic device all the time if you do it for a living." – Spencer Reid

"I chose to invest in solar and hydro-electricity because in the future these will be huge." - Harry Jamieson

"I chose to trade Woolies, Dominoes and RHS Health because they had a good sale rate, though they were expensive shares." – Gabriel Tomasoni

"I invested in a range of shares – a lot were mining/mineral companies and also a few airports. I chose these because they were familiar to me and they looked like they were doing well." – Sophie Morris

"The ASX Sharemarket Game is about investing and is a way for us to develop knowledge of it. I have learnt it's not as easy as it seems." – Britney Fitzpatrick

Outside School Hours Care

Alpine Children's Service (ACS) is excited to announce Carolyn Ryan will be taking on the role of coordinator for the programme at Bright P-12 College. ACS is hoping to start the programme by the end of Term Two, subject to the various approvals from both the Victorian and Federal Departments of Education and Training. ACS will be keeping families updated about the start date.

Carolyn recently returned to the Alpine Shire after spending the past six years living on the mid-coast of NSW. Carolyn first began her work with young children as a casual employee at Bright College's vacation care programme, and later joined ACS to work in Bright, Myrtleford and, finally, Mt Beauty.

Carolyn loves the natural beauty of the local environment and likes to spend her spare time cycling, hiking and camping. She has also a Diploma of Fine Arts and enjoys sharing her interest and skills with children.

Carolyn is very excited about this position and is looking forward to working with the children and their families to develop a fun, creative programme in a safe, relaxing and inviting environment.



Making Healthy Hamburgers

Year 3/4 students making Healthy Hamburgers

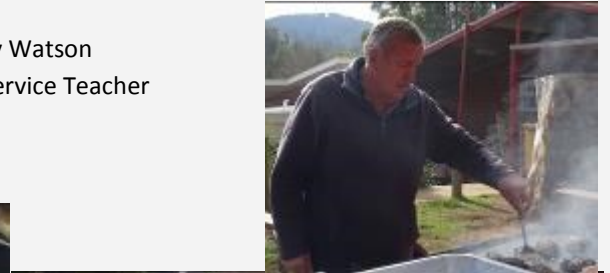
For Education Week the 3/4s made healthy hamburgers. Students worked in groups of three or four to create their own hamburgers. When asked about how they made the burgers, Freya said, "By using all the ingredients that the teachers brought, and with our friends helping each other." Aidan said that they "got all the ingredients, grated some carrots and mixed up the mince, carrots, egg and zucchini."

The students found some things difficult. Nikolai said he found it tricky "at the end how you had to put it into even patty sizes." While Noah said, "The tricky bit would have to be the grating, when we had to help Mr Saville." Bella said the trickiest part was "eating it because it was so big."

The students really enjoyed learning how to make burgers. Justin said his favourite thing was "mixing all the ingredients together because it was fun." Bella liked "working in a team," as did Rihan and Noah. Madeline said she learnt "how to work in a group with different people," while Luca said her favourite thing was eating the burgers!

A big thank you to the following people who assisted us in so many ways on the day: Caz Redding, Helen Gough, Steve Jenvey, Fiona Hurst, Kerry Mapley, Sam and Nat from the canteen and John Dodd who cooked all the burgers.

Emmy Watson
Pre-Service Teacher



Year 10 PE Classes

As part of their final year of Physical Education as a core subject, the year 10s will involve themselves in some adult physical activity opportunities this year. This week saw our class attend their final week of croquet under the watchful and helpful eye of the volunteers from the Bright Croquet Club. The students all played a version of croquet known as golf croquet which involves tactics to block and remove players from the field in an effort to win hoops. The college Physical Education faculty would like to acknowledge these wonderful volunteers for their time in supporting the learning opportunities for our students.

All students had a wonderful time with Lauren Bitting clearly the stand-out having to always carry her partners.

Matt Pywell
Year 8 Coordinator
Head of HPE faculty



Wine Label Competition

\$100 Prize

We are holding a competition for wine labels to put on the 2017 vintage of 12 Bright Vines. The competition is open to all students from Bright P12 College.

The **closing date** is the **23rd of June**.

Entries should be sent in to VCAL Coordinator Ms Libby Dean at dean.elizabeth.e@edumail.vic.gov.au.

Designs should ideally be in PhotoShop or another digital format and must follow the competition guidelines below.

Jackson Dodd, VCAL Student



Label dimensions

Front label: 12.5 – 13 cm wide by 7cm high

Back label: 6cm wide by 7 cm high

Front label

The front label must feature the following text:

12 Bright Vines

Sauvignon Blanc 2017

750ml

Back label

The back label must feature the following text:

In the process of making '12 Bright Vines' this community project linked our school with local businesses, providing students an understanding of the wine industry and delivering employability skills, while acting as a fundraiser for Bright P12 College.



Produce of Australia

Produced by Ringer Reef Pty Ltd

6853 Great Alpine Road

Porepunkah VIC 3740

Preservative (220) added

Produced with milk products. Traces may remain.

Approx 6.9 standard drinks.

11.6% alc/vol.

The back label must also include the logos for Ringer Reef, Dalboscos and Bright P12 College (as shown on the sample from 2016).

Accessibility in Bright

A report by Dylan Sgambelloni.

On Thursday the 11th of May I met with Drew Carey and Francine Stacey from the Alpine Shire to discuss accessibility for wheelchair bound and mobility challenged people in Bright.

I mentioned our walkability/accessibility project we did in class in 2014 and I discussed where some of the issues were for pedestrians and wheelchairs/mobility scooters. Some of them were shops in Bright and I showed them a map of the town. I marked the shops in red that are inaccessible and I then marked the shops you can get into in green. I found out the projects that the Shire is doing. I asked if wheelchair advocates were approached or involved in the planning. They said they weren't and I offered to be a regular consultant or advocate for wheelchair bound and mobility challenged people in Bright.

It was great that they came to the school to talk to me and listen to what I had to say.



Music News

Term 2 Soirees

This week on the 31st of May and 1st of June we will be having our Term 2 Soirees. The Primary Soiree will be on Wednesday the 31st of May starting at 6.30pm.

The Secondary Soiree will be on Thursday the 1st of June starting at 6.30pm. Both of these concerts will be taking place at the Community Centre. Please encourage your musical students to get involved and come along for two nights of awesome music making.

Jason Campbell

keys2drive

keys2drive is a revolutionary approach to learning road safety and the free driving lesson is an opportunity for the learner driver, driving instructor and parent/supervisor to learn it together. The Federal Government has committed a further \$16 million in the 2017 Budget to continue funding **Keys2Drive**.

To register for your **FREE** lesson go to www.keys2drive.com.au.

For more information contact the L2P Coordinator, Jewel Hall on 0418736665 or l2p@alpineshire.vic.gov.au.

Bright P-12 College

Prep 2018

Information Evening



Tuesday 1st August at 6.30pm

In the Prep classrooms



Transition Program Dates:

Tuesday 21st November 9.15am-12.30pm

Tuesday 28th November 9.15am-12.30pm

Tuesday 5th December 9.15am-3.20pm



Bright P-12 College, Bakers Gully Rd BRIGHT 3741

Ph: 03 5755 1166

www.brightp12.vic.edu.au

email: bright.p12@edumail.vic.gov.au

Celebrations

Health Corner with Adolescent Health Nurse Rosemary Bunge

Happy 100th Birthday Gwyneth

This lovely lady was an important part of our pilot visiting program to Hawthorn Village back in 2015. Gwyneth appeared in the coffee table book made by the students. This photo with students is included in the book.

Gwyneth was born in England. She married and had a son and daughter. Her daughter ran a bookshop in Bright. Gwyneth and her family immigrated to Australia after World War 2. She became very involved with the Bright Historical Society, helping to create the Bright museum. She likes to walk and sing.

How amazing to reach 100! Happy birthday Gwyneth, from all the Bright P12 College visitors.



Quote: *Help the weak when you are strong, Confess the fault when you are wrong, Because one day in life you will be old, weak and wrong.*



Proud grandparents

Nick and Maria Aloizos are proud to announce the arrival of their first grandchild, Ethan Nicholas Aloizos, to Stephen and Anthea. Born 12.23am 17 May 2017, weighing 7lb 5oz. A first nephew for Nicholas Johnathon.

Stephen, Anthea and Ethan are all doing well.



Winner!

All the way back in November 2016, a group of students and teachers attended the Halogen Young Leaders Day in Melbourne. On the day we were asked to complete feedback forms and students were in with the chance to win some great prizes.

Tessa Williams was one of those lucky participants who just found out that she was the winner of a Go-Pro. Pictured here is the very happy Tessa with her prize. Well done, Tessa!

Jenny Young

The Bright College Snowsports Team
(BCST) presents the Annual

Second Hand Snow Gear Sale

SAT 3RD JUNE 9AM-12PM

Bright Community Centre

Registrations Fri 2nd June 3pm-6pm

Sale Sat 3rd June 9am-12pm

**Register to sell your gear on Friday
and the BCST will sell it for you on
Saturday adding 20% commission.**

We sell a wide range of skis, snowboards, boots,
clothes, stocks, helmets and accessories.

Sorry no gloves.

For information email Kath Baldock
kgbaldock@bigpond.com

Terms and Conditions

The Second Hand Snow Gear Sale is a fundraiser for the Bright College Snowsports Team (BCST)

- The Second Hand Snow Gear sale is a cash only sale
 - Registration fee of 50 cents per item applies
 - A late registration fee of \$2 per item applies for goods registered on sale day
- Items will be placed on sale on behalf of vendor, by the BCST
- BCST will add 20% commission to each item entered for sale
- BCST takes no responsibility for items entered into the sale
- All items must be clean and presentable and we reserve the right to reject items for sale
- The vendor must retain the registration receipt(s) as proof of ownership of the item to collect money or unsold goods
 - If proof of registration can not be provided, all monies and items are forfeited to the BCST
 - Money from any sold items must be collected by the vendor between 12pm -1pm Sat 3rd June 2017
- The vendor must collect any unsold items by 1pm Sat 3rd June 2017
- Any money or unsold goods not collected by 1pm Sat 3rd June 2017 will be forfeited and become the property of the BCST.

BCST takes no responsibility for any items sold or purchased at the sale, accepts no returns, recommends you seek professional assistance to fit and tune any skis or snowboards that you purchase from the sale

Community & College Notices

MAD AS Productions presents MAD AS THE KIDS!

AN EXCITING AND **FUN** 10 WEEK CREATIVE DRAMA PROGRAM
FOR 9 TO 14 YEAR OLDS, STARTING IN TERM 3.

“Open your mind to new and amazing creative experiences!”

No drama experience needed – the classes will explore drama games, confidence and trust development, improvisation exercises, vocal development, creative movement and basic stage-craft.



The Thursday class filled up in no time, so we would like to offer **Wednesdays** as well.

Starts 19th July; ends 20th September. 4 – 6pm; venue to-be-decided.

Cost is \$150 for the 10 week/20 hour classes.

Tutors – Ernie Glass and Tom O’Neill

Contact Ernie: 5750 1853 / glass.ernest @yahoo.com.au



Disability Program: Carers, Families & the System

Are you caring for a child, family member or friend who may qualify for the National Disability Insurance Scheme (NDIS)?

The NDIS is due to rollout in Alpine Shire from 1 July 2017.

Alpine Health have partnered with **Carers Victoria** to facilitate a four-part program which aims to assist you to prepare for NDIS.

Bright 6:00 p.m. to 9:00 p.m. (Supper provided)

Bright-Alpine Community Health Centre

Cobden Street, Bright

Session 1: Preparation – Wednesday, 21st June, 2017

Session 2: Planning - Wednesday, 28th June, 2017

Session 3: Plan management - Wednesday, 19th July, 2017

Session 4: Having a voice - Wednesday, 26th July, 2017

Myrtleford 12:00 noon to 3:00 p.m. (light lunch provided)

Myrtleford Hospital, Conference Room

30 O'Donnell Ave, Myrtleford 3736

Session 1: Preparation – Wednesday, 21st June, 2017

Session 2: Planning - Wednesday, 28th June, 2017

Session 3: Plan management - Wednesday, 19th July, 2017

Session 4: Having a voice - Wednesday, 26th July, 2017

Mount Beauty 12:00 noon to 3:00 p.m. (light lunch provided)

Mt Beauty Hospital, Mount Beauty Conference Room

2-8 Hollonds Street, Mt Beauty

Session 1: Preparation – Thursday, 22nd June, 2017

Session 2: Planning – Thursday, 29th June, 2017

Session 3: Plan management – Thursday, 20th July, 2017

Session 4: Having a voice – Thursday, 27th July, 2017

RSVP: 9th June 2017

Email: Jenny.svarc@alpinehealth.org.au

Enquiries: Tel: 0357 550 123

Community & College Notices



**BUCKLAND
—INDUSTRIES—**
domestic, commercial & industrial plumbing


Plumbing, gas fitting & heating specialist
0417 730 244



BAM Financial Solutions
www.bamfs.com.au

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Business & Commercial Lending
Asset Finance—Cars—Motorbikes—Trucks—Boats—Caravans


Angela Barnes— 0412 729 399



Freestyle Alpine Dance offers classes in all dance styles suitable for all ages and abilities in a fun and welcoming environment. Come along and try a class for FREE!

Bright classes are held at our studio at 5 Elm Court, Bright..

<p>MONDAYS 4.00-5.00pm Beginner Tap</p> <p>5.00-6.00pm Acrodance Level 2</p> <p>6.00-7.00pm Beginner Contemporary Dance</p>	<p>TUESDAYS 4.00-4.45pm Level 2 Ballet/Lyrical Combo</p> <p>4.45-5.45pm Beginner Jazz Dance</p> <p>5.45-6.45pm Street Dance</p> <p>7.30-8.30pm Open Tap Dance</p>	<p>WEDNESDAYS 9.30-10.30am Altitude Power Barre</p> <p>4.00-5.15pm Level 6 Classical Ballet</p> <p>5.15-6.15pm Acrodance Level 1</p> <p>6.15-7.15pm Musical Theatre</p>
<p>THURSDAYS 4.00-4.45pm Kinda-ballet</p> <p>5.00-6.00pm Intermediate Jazz Dance</p> <p>6.00-7.15pm Acrodance Level 3</p>	<p>FRIDAYS 9.30-10.30am Flexi Barre</p> <p>4.00-5.00pm Lyrical Dance</p> <p>5.00-6.00pm Level 5 Classical Ballet</p> <p>6.00-7.00pm Pointe-work</p>	<p>SATURDAYS 9.00-10.00am Intermediate Contemporary</p> <p>10.00-11.15am Competition Team</p> <p>11.15am onwards Private Lessons</p>



Updating your smart phone? Don't know what to do with your old smart phone?

How about donating it to your local school. We are working on a project that requires a class set of smart phones. We do not need the phone connected to the phone system just the screen to work and the phone to have Wifi.

Please remove any personal data (pictures, phone numbers, etc). If the phone is beyond useful life we will dispose of it for you, or if you prefer, clearly label the phone and we will attempt to return the phone to you.

Please drop the phone off to your schools front office.

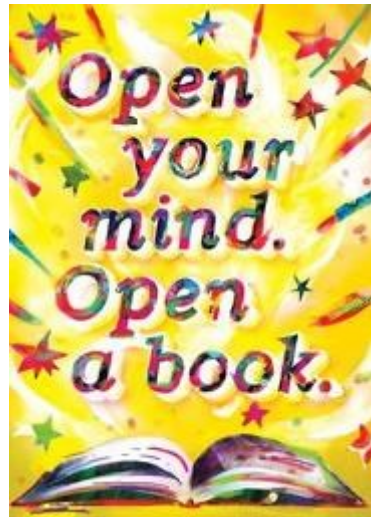


Michael Balfour
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