

BRIGHT COMMUNITY FUN RUN



The Fun Run was a wonderful success! Approximately 400 participants and many more visitors joined us on Saturday for our major school fundraising event. A huge 'thank you' to everyone who participated, cheered from the sidelines, volunteered on the day, sponsored the event or contributed in any way. We are deeply grateful to the FunRun organising committee, whose dedication and many hours of hard work made this event possible. For more photos, check out our official Facebook page.



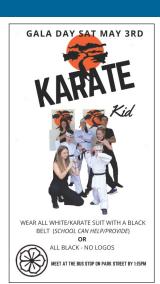








GALA DAY



Join Bright P-12 College for Gala Day on Saturday May 3rd.

Students need to arrive at the bus stop on Park Street by 1:15pm and an adult will be required to collect all students at Centenary Park at the end of the parade (approx 2:30pm).

This year we have 80's Movies as our theme, and we are doing Karate Kid!!

Students are requested to wear white karate suits if they own one. Or either **all black, OR all white.** These can be black singlet/t-shirt and black pants/leggings or all white singlet/T -shirt and pants.

NO LOGOS! If students wear all white, the school can provide them with a lotus headband and black belt.





Official Facebook page



Ph: 03 5755 1166 E: bright.p12@education.vic.gov.au www.brightp12.vic.edu.au





Principal's Message

Dear students, parents and carers,

Welcome back to school!

We are excited to continue our journey with you and your children as we work together to foster a warm, inclusive and challenging learning environment at Bright P-12 College. Your partnership is vital in supporting each student's growth, and we deeply value the positive, engaged relationships we share with our families. As we begin this new term, we look forward to strengthening these connections and building on the strong sense of community that defines our school. Together, we can ensure every child feels supported, inspired and empowered to thrive.

This is a busy and exciting time of year at our school. Last Saturday, we hosted the Community Fun Run which was an amazing event. We were fortunate to enjoy beautiful autumn weather, and the energy and atmosphere in the event 'Village' was very uplifting. Thank you to everyone involved!

We are looking forward to Gala Day on Saturday. Participating in the Gala Day Parade is always a fantastic opportunity to come together and represent our school with pride. This key event, part of the Bright Autumn Festival, is set to be another exciting event in this busy term. Please support our school by coming along to march with us or cheer from the sidelines. See page 1 of this newsletter for more details of how to get involved.

BREAKFAST CLUB

Breakfast Club has moved to Tuesday mornings.

From 8:15am in the Secondary cooking room, there will be a range of food available including toast, cereal, milo, fresh fruit and fruit cups.

A big 'thank you' to Woolworths and the Beechworth Bakery, who provide the food for our Breakfast Club.

All students from Prep to Year 12 are always welcome!

And finally thank you to those families who have already completed the Course Confirmation on Compass for the new Publicity Policy. If you haven't yet provided this information, a paper copy of the form will be sent home with your child in the coming weeks.

Jean Olley - Principal

NOTE: ALL CALENDAR EVENTS ARE SUBJECT TO CHANGE. PLEASE CHECK COMPASS FOR MOST UP-TO-DATE CALENDAR

COLLEGE CALENDAR

APRIL

27 APR-28 JUN Yr 9 Marlo Leadership School

30 APR Yr 12 Hume Volleyball

30 APR-2 MAY Yr 3/4 Howman's Gap Camp

MAY

3 MAY Gala Day Parade

5 MAY Yr 9 Morrisby Careers Profiling

5 MAY Yr 8 & 10 Mental Health First

Aid Training

6 MAY Secondary Model UN Day,

Beechworth

6 MAY Yr 9-12 Boys AFL, Wodonga

7 MAY **Primary Talent Showcase**

8-9 MAY Yr 9 Outdoor Ed Alpine Hike

8 MAY Yr 5/6 Hydro electricity

excursion, Bogong Village

12 MAY Yr 11 VET Sport & Rec Mt Pilot

climbing excursion

12 MAY Yr 7 vaccinations

13-16 MAY Yr 10 Camp, Melbourne

13 MAY Yr 7&8 Boys O&M AFL,

Wodonga

NEXT PUPIL-FREE DAY: Friday 20 June

Yr 12 BIOLOGY

Our Unit 3&4 Biology students became genetic engineers! They inserted green fluorescent protein genes from a jelly fish, ampicillin resistance genes from bacteria and surface protein genes from hepatitis B virus into E.coli bacteria. This genetic engineering is used to mass produce hepatitis B surface antigens to be used in vaccinations.







Yr 3 ART

Year 3 students created fine liner bunnies using a multi-step process. They began by making a wax-resist background, drawing intricate patterns with white pastel that magically appeared when painted over with watercolours. They then carefully filled in bunny outlines using fine liners, experimenting with different types of lines to add texture and detail before assembling their final artworks. The results are stunning and are on display in the Primary corridor.

















Yr 8 ECONOMICS

The Year 8 Economics class have been focussing on improving their enterprise skills and planning a market stall to make a profit to invest into a charity of their choice. Students researched other social enterprises, built on their personal enterprise skills, created and sold, and worked on their financial literacy. The market stalls were a big success with most groups making a good profit to donate to some excellent causes. Well done.







PREP ART

The Prep artists explored colour and layering techniques by creating stained glass-inspired art.

They carefully layered tissue paper onto wax paper with glue, then added various shaped borders to complete the effect.

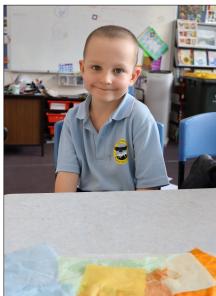
These vibrant pieces are displayed around the art room to brighten up our creative space!











HOUSE CROSS COUNTRY

Thank you so much to everyone involved with the House Cross-Country on the last day of Term 1. It was a fantastic event with lots of smiles and bright colours. Well done to all students who were involved in running and cheering for their houses. It was a perfect way to finish the term!

































Yr 7 CAMP

Last term, 48 excited Year 7 students boarded a bus to Camp Coolamatong on the Banksia Peninsula. As we arrived, there was a sense of excitement as students first entered their tebins (half tent, half cabin), where they would be sleeping for the next three nights. Activities over the following days included indoor rock climbing, adventure racing, koala spotting and combat archery plus many more. Highlights for many students were raft building, ski tubing and the Indigenous experience. On the final night, students participated in a quiz night that finished with a three-minute disco, which was another highlight for many. The camp provided opportunities for students to mix outside of their immediate friendship groups which was witnessed by staff on many occasions - a real positive for the year ahead!











Yr 9 WOODWORK

Year 9 students are working through various stages of their Victorian Ash Side Tables. We're so lucky to have access to this beautiful Australian hardwood and it's great to see students taking so much care when using it. While the triangular frame is quite aesthetically pleasing, the cutting, shaping and assembly processes are not without their challenges. This group of students must be commended for their effort this year, resulting in high quality products.











Yr 11 BIOLOGY

As part of Unit 1 Biology, students investigated the effect of temperature on the plasma membranes of beetroot cells.







Yr 8 CAMP

Late last term, our Year 8 students made their way to Bogong Outdoor School to spend the week learning about how we respond to challenges and use strengths to help our team achieve success. Students worked in groups and went rock climbing, abseiling, canoeing and on the high ropes course as well as an overnight bushwalk and campout. Some of the highlights mentioned by students included sitting around the campfire talking, the hike and the high ropes course.











Yr 9 FOOD

In the final weeks of Term 1, students in Year 9 Food completed a complex two course meal, inspired by both Asian and European cuisines. Crispy savoury pancakes with a pork stir fry topping and pickled vegetables tested students in many of the skills expected at this level. From precision cutting of vegetables, to basic pickling, stir frying and shallow frying, zesting lemons and oranges, all students had plenty to concentrate on the various tasks and complete them in a limited time. Students worked collaboratively with each other to produce the required recipes. All students enjoyed their efforts and commented that these were the best foods they had made.



In Term 2, this class will delve into Fusion cooking and making the most of our regional flavours to inspire a number of recipes.











INTERSCHOOLS MOUNTAIN BIKING

On Friday the 21st of March, a keen bunch of Primary and Secondary mountain bikers headed up to Falls Creek to compete in the Interschools Mountain Biking. The day was overcast and muddy after a huge downpour of rain the night before. This didn't stop our students from putting in their best efforts, supporting each other and taking back the Primary shield that they had won the previous year. There were many highlights for the day and everyone had a great time. Some special mentions are as follows:

Aisha S 1st, Hanna C 2nd; Luis S 2nd, River S 3rd; Zoe C 2nd.

Age group 'Fastest Downhill' decent time: Malachy T, Lucas C and Blake C.

Winner of the female parent and staff race: Mim B.

Thank you to all of the parents who supported their kids to ride, they are already talking about next year's race!









ANZAC DAY

The President and Members of the Bright RSL Sub-Branch invited Bright P-12 College to participate in the Anzac Day Service at the Memorial Clock Tower, Mafeking Square in Bright on ANZAC Day. Our school Captains laid a wreath and represented the College at the service.

We also held an ANZAC Day assembly at the Bright Community Centre on Monday this week, hosted by our Student Leaders. The event was attended by all students from Prep to Year 12 as well as members of the Bright RSL, parents and other members of the broader school community. We are proud of the way our students engage with these important commemorations, honouring the spirit of remembrance with sincerity and respect.

ANZAC Day Service photographs: Jean-Pierre Ronco







Yr 7 & 9 WELLBEING PROGRAMS

Last week, our Year 7 & 9 students participated in a full day of Wellbeing activities.

Our boys attended a Man Cave workshop. The Man Cave is a preventative mental health charity empowering communities to raise generations of healthy young men. Their vision is a world where every man has healthy relationships, contributes to his community and reaches his full potential. Using evidence-based workshops and expert facilitation, their programs provide boys with the critical emotional and social skills they need to become self-aware, respectful, and emotionally mature men.

Our girls participated in a number of sessions with a focus on Wellbeing, run by the Bright P-12 College Wellbeing Team. These included movement and breath; vision boarding; wellbeing workshops including building self-confidence, strengthening friendships and fostering inclusivity; a glow-stick dance party to demonstrate the effects of a serotonin boost thanks to movement, music and social connection reducing stress and increasing feelings of joy and belonging; mandala circle to promote mindfulness, creativity and a greater sense of community. The girls ended the day with a combined session of yoga, kindness meditation and gratitude exercise.

TEACHING EXCELLENCE PROGRAM 2025

Our school values the learning and development of our staff, and the positive impact this has on student outcomes and school improvement. We are proud to share that Adrian Harbison has begun his professional learning journey through the Teaching Excellence Program at the Victorian Academy of Teaching and Leadership. This program enables teachers to advance their capabilities and excellence in teaching.

Through the program, Adrian will grow his knowledge of teaching practice by participating in 10 in-person days of professional learning and inquiring deeply into 2 areas of their practice, using the evidence-informed practice, generative AI, First Nations' perspectives, student engagement tools and discipline-specific learning. He will also be inspired by national and international experts in the field of education through 2 dedicated conferences.

We look forward to working with Adrian to implement his knowledge and skills from the program to continue to support student outcomes and wellbeing at our school. We are proud that we have Adrian representing our school and supporting the Academy in raising the status of this amazing profession!



MESSAGE FROM OUR SCHOOL NURSE

Toothpaste and drink bottles

Weird combination I know! Smile Squad (the Vic Government's free dental service that is coming to Bright P-12 College later in the term) have kindly given our school a large supply of drink bottles and toothpaste. If you would like some, please email me and I will send some home with your child.

Please contact me via email if you have any feedback you would like to pass on or if you would like to see another topic covered at Amanda.Clayton2@education.vic.gov.au

Mandy Clayton - Secondary School Nurse, Bright P-12 College



Smile Squad is the Victorian government's free school dental program.

O&M VOLLEYBALL

A great day of volleyball with the Inter and senior boys. We took 4 teams but unfortunately we had some no-shows which left one team a little skinny for players. But with great collaboration from our Year 9s we were able to fill the Year 12 teams. Unfortunately the Year 9 team narrowly missed out on finals as did senior Bright B however the grand final was played between Bright A and C (Year 12 vs Year 11). It was a tight match but the Year 12 team triumphed and will represent the school at Hume in Term 2. Teachers Matt and Xavier had a great day with this terrific group of students. We were super happy with their behaviour, enthusiasm, support and cooperation. Great work boys!

SUSTAINABILITY - PREP/Yr 1 SEED PLANING

Excitement is sprouting in our Prep classrooms as students embark on their gardening journey! With broad beans as their chosen crop, our young gardeners are learning valuable lessons about growth, patience and care. Starting with tubes of potting mix in a sunny corner of the classroom, Prep students carefully monitored their beans each day. Their



excitement blossomed as the seedlings began popping up within just a few days! Measuring and tracking the plants' rapid progress left students amazed at the speed of growth. Then it was time for the next step: transplanting the seedlings into the kitchen garden near the Canteen. Students ensured their plants were settled into their new home, where they will thrive with automated watering, support strings, sunshine, mulch and fertiliser.

We're eagerly anticipating white flowers followed by delicious bean pods later in Term 2. It's a wonderful journey for our budding green thumbs as they nurture these plants and learn the joys of gardening!











Yr 10 WORK EXPERIENCE

Late last term, all Year 10 students participated in Work Experience at a range of businesses locally and around the state. The purpose of work experience is for students to immerse themselves in a vocation that they are interested in and to then determine if this is a career that they may pursue in the future. It was great to witness students going the through the processes of seeking employment, confirming work arrangements, and then undertaking the placement. Towards the end of the week, Bright P-12 College staff checked in with each student's employer and it was wonderful to hear the positive feedback that was received.

This year we had students placed in a wide variety of placements, these included: local primary schools, architects, Alpine Children's Services, Zoos Victoria, the fashion industry, and a wide variety of local trades, retailers and hospitality venues.

Thanks to all the businesses that have supported our students this year with this program, it is greatly appreciated:

Alexanders First National Real Estate, Alpex Electrical, Alpine Gourmet Butchers, Alpine Hotel, Alpine View Children's Centre, Ampstar Electrical, ATC Bright, AV Carpentry, Beautiful in Bright Hair Studio, Belmores Accounting, Bright Auto Electrics, Bright Brewery, Bright P-12 College, Bright Sports Centre, Buckland Industries, Canopy Design Studio, Chamberlain Architects, Dalbosco Bros, Damon Barker Electrical, Eight Past Five Upholstery, Espire, Feathertop Chalet, Foresight Engineering, Hoop City Carrum Downs, J&L Armstrong Builders, Jesse Hisco Photography, Lightmare Studios, Ministry of Dance, Morses Creek Bakery, Mt Hotham Electrical, Native Seeds, NE Health, NE Media, Nick Bennett & Associates, Nightingale Apples, Ovens Valley Physio, Ray Gregory Projects, Ritchies IGA, Rinlatech Engineering, Riverside Caravan Park, Scott Hargreaves Sports Injury and Rehab Centre, Scott Liston Designs, Simon Lodge Plumbing, St John of God Hospital, Toms Rural Tree Services, Werribee Zoo.













Yr 3/4 NIGHTINGALE'S EXCURSION

Year 3 and 4 students headed out to Nightingale's Alpine Produce in Wandiligong to wrap up our term's CBI (Concept-Based Inquiry) unit. We toured the sorting and packing shed, walked through the orchard and enjoyed fresh, crisp apples on the lawn.

Students saw firsthand how apples are grown, sorted and packed, making real-world connections to our learning.



A big thank you to Nightingale's Alpine Produce for a fantastic experience!











NEW STAFF

My name is Yannick and I will be working as a language assistant at Bright P-12 College and Harrietville Primary School. My main role is to support the German classes. I help students with speaking, pronunciation, and understanding the language. I also assist the teacher during lessons and in addition, I will be planning and leading a few lessons myself during my time here. I am looking forward to meeting everyone.

Before coming to Bright, I was studying in Germany. I'm training to become a secondary school teacher at the University of Erlangen-Nuremberg (FAU), where I study English and History. I arrived in Australia just two weeks ago. I spent the first ten days exploring Melbourne, and now I've only just arrived here in Bright. It's my first time in Australia and also my first time working in a school overseas — I'm really excited for the experience!



In my spare time, I have many hobbies. I love dancing — I do a style called Boogie Woogie, and I dance together with my sister. We also take part in competitions in Germany and around the world. I'm a member of the volunteer fire brigade in my hometown, and I will also join the local fire brigade here in Bright. Another passion of mine is cosplay—I enjoy designing, building, and wearing costumes from movies and games. I enjoy playing video games to relax, and I like going out on weekend with friends. I also regularly go to the gym to stay fit, and I will start playing Pickleball while I'm in Bright. Back home in Germany, I have two young cats! They are full of energy and definitely keeping my parents on their toes!

Yr 6 JAPANESE STALLS

Year 6 students have been learning about Japanese summer festivals - *natsumatsuri*. In the last week of term they had the experience of running their own *demise* (market stalls). These *demise* included things such as *wanage* (ring toss), *yoyotsuri* (balloon fishing), *onigiri*, *choco banana*, *sushi* and *dango*. All students were given 1000 yen (in monopoly money) to spend. The *onigiri* and *dango* stalls proved very profitable. Lots of shouts of *irrashaimase* could be heard. Our Japanese Language Assistant Kumi-san said it felt like a real Japanese *natsumatsuri*.



























THE RESILIENCE PROJECT

Our Secondary students have begun engaging with The Resilience Project (TRP). TRP is committed to teaching positive mental health strategies to prevent mental ill health and build young people's capacity to deal with adversity.

We're proud to be implementing TRP's evidence-based wellbeing program to support positive mental health in the classroom, staffroom and wider community. Students will engage in multiple lessons to understand and strengthen their practice of Gratitude, Empathy, Mindfulness and Emotional Literacy, with regular opportunity for parent/carer involvement.

Info about additional resources is on the poster on page 15 of this newsletter - don't hesitate to reach out with any questions.

We encourage you to have conversations with your children about the program. Embedding positive mental health practices and language across school and the home lead to greater benefits and understanding.

COMMUNITY NOTICES

Myrtleford and District Volleyball Association (MDVA) 2025 Mixed Social Competition

GREAT NEWS!!! Time to get your friends, workmates & family together and make a team! Our competition is fun, social and mixed. Played on a Wednesday night at the Myrtleford Stadium. Males & females both play in a mixed team with ages 12+. (For those new to the competition, 6 x players in a team with no more than 3 men allowed on the court at once. Men considered over the age of 16. The competition welcomes beginners to more experienced players. It is targeted to be more fun and social with a bit of competition).

Registrations are now open for the Myrtleford and District Volleyball Association (MDVA) 2025 Mixed Social Competition. We hope the competition will start on Wednesday 21st May. A 2 week break will take place over the July School holidays with games and finals being played into September. Each player is to complete the form below. If you don't have a team please select no team and we will try to put you in a team. Registration Fees are \$125 for Adults and \$105 for Students, which includes your stadium entry fee. Payments can be made by cash or direct deposit. In the form is the list of rules last updated April 2021 which will be reviewed at the next committee meeting. If you have any questions, you can email the club at myrtlefordvolleyball@gmail.com or phone Elisha on 0409507042. Register Before Saturday 10th May 2025. Link to register - https://forms.gle/qNF4XZ4jmgNNTLY28













COMMUNITY NOTICES



TERM 2 Junior Netball Competition

We are excited to commence a junior netball competition and skills clinic beginning week 1 of term 2 (24th April – 26^{th} June 2025) .

When: Thursday afternoons – Game 1: 4pm

Game 2: 5pm

Age: Grade 4 – year 7 (turning 10-14 years)
Where: Bright Sports Stadium – Bright P-12 College

Please fill out the attached Google doc and EOI and return ASAP – minimum numbers required. We will provide a registration form once numbers have been gathered.

https://forms.gle/YbkDMH7z4uUNmUcr6



COMMUNITY INFORMATION NIGHT

UNDERSTANDING
AUTISM &
NEURODIVERSITY

What You Need to Know Beyond the myths and stereotypes



Guest Speaker Sandhya Menon

Autistic and ADHD developmenta & educational psychologist, author, advocate and parent

Monday May 26th, 7pm - 8.30pm Myrtleford P-12 College, Multi-Purpose Room

About the program

wider community.

TRP is committed to teaching positive

Students will engage in weekly lessons to

understand and strengthen their practice of Gratitude, Empathy, Mindfulness

opportunity for parent/carer involvement.

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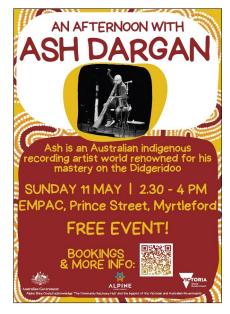
mental ill health and build young people's capacity to deal with adversity.

We're proud to be implementing TRP's evidence-based whole school wellbeing program to support positive mental health in the classroom, staffroom and



RESERVE YOUR FREE TICKETS ONLINE
Book via the QR Code or visit our website at
alpineautism.org

Funded by the Victorian State Government through Carers Victoria



WELCOME TO

RESILIENCE PROJECT.

Parents & Carers

Why?



1 in 4 adolescents have a mental illness.



65% of adolescents do not seek help.





1 in 5
adults will experience



Source: National Survey of Mental Health and Wellbeing, Australian Institute of Health and Welfare, Australia's Youth: Mental Illness



Scan the QR code or click here to find activities and resources to implement the GEM+EL principles at home.

has been independently evaluated by The University of Adelaide and The University of Melbourne.



Scan the QR code to learn more about how the program is significantly lowering the risk of mental illness.

the



The imperfects podcast

The imperfects is hosted by Hugh van Cuylenburg, Ryan Shelton and Josh van Cuylenburg, celebrates just how imperfectly perfect we all are. Together, they chat to a variety of people who bravely share their struggles and imperfections alongside valuable learnings we can apply to our own lives and use to support the teachings of TRP in the classroom. Guests include Nathan Buckley, Grace Tame, Jack Steele, Zan Rowe, Michael Klim, Billy Slater, Lael Stone, Pat Cummins, Tim Minchin and many more.

© RESILIENCE PROJECT.











Alpine Building Permits & Consultants

Building Permits & Building Inspections

Call the team: (03) 5755 1589

Email: info@alpinebuildingpermits.com.au

9:00 am to 4:30 pm Monday to Friday
Shop 5/1 Ireland Street, Bright

- ✔ Domestic and Commercial Building Permits
- ✓ Bushfire management advice, reports
- ✓ Servicing Victoria and New South Wales
- Regulatory building advice
- Fire and life safety reports
- Owner builder advice and permits















Self defence - Discipline - Fun For all fitness levels, ages 6 and up

Classes:

Monday (Myrtleford Dojo) Tuesday (Tarrawingee or Wandiligong Dojo) Thursday (Porepunkah Dojo)



www.alpinedojo.com email: alpinedojo@gmail.com facebook: AlpineShinkyokushinKarateDojo



