

11 June 2025  
Issue 8

# Bright P-12 College Newsletter

## TOURS

We are offering tours to parents/carers of children who are starting Prep or Year 7 in 2026. Come and meet our teachers, see classes in progress and ask questions. No RSVP required. Everyone is welcome to attend. If you would like to visit another time, please call the school office. Tour times for the rest of this term are:

**Prep in 2026:** Tuesdays 9:15am on 17 June, 24 June and 1 July. **Year 7 in 2026:** Wednesdays 9:15am on 18 June, 25 June and 2 July.



## SCHOOL PHOTOS

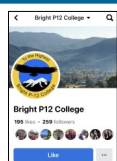
School photos are being taken on Thursday 26th June. Order photos before midnight on 2nd July, via Compass. If you'd like a family photo, please order online prior to photo day.

## PREP / Yr 1 ART

Prep and Year 1 practised paper weaving. We had brown, black, koala, panda and rainbow bears wearing lovely new jumpers. See page 3 for more photos.



Official  
Facebook  
page



Ph: 03 5755 1166  
E: [bright.p12@education.vic.gov.au](mailto:bright.p12@education.vic.gov.au)  
[www.brightp12.vic.edu.au](http://www.brightp12.vic.edu.au)





## Principal's Message

Dear students, parents and carers,

Bright P-12 College Dinner Plain Campus officially opens for the season this week!

For over 20 years, we have proudly operated the Dinner Plain Campus, making it a vital and unique part of our school community. It plays a central role in our presence on the mountain and complements our Bright College Snow Sports (BCST) program, offering exceptional learning opportunities in an inspiring

alpine environment.

This year, we have had one of the best starts to the ski season in recent memory. With strong early snowfall and a vibrant atmosphere already on the mountain, we are all very optimistic that this will be a fantastic season ahead for our students, staff and families, both on and off the mountain.

Thank you to everyone who supports our alpine programs. They are a testament to the strength and diversity of our school. We look forward to another safe, active and enriching season at our Dinner Plain Campus. Our students are also excited about getting involved with our two snow programs - BCST at Hotham and Go To The Snow at Falls Creek.

Jean Olley - Principal

**NOTE: ALL CALENDAR EVENTS ARE SUBJECT TO CHANGE. PLEASE CHECK COMPASS FOR MOST UP-TO-DATE CALENDAR**



## COLLEGE CALENDAR

### JUNE

27 APR-28 JUN	Yr 9 Marlo Leadership School
11-12 JUN	Yr 5 & 6 Dolly's Dream workshops
13 JUN	Dress Like a Pirate Day
13 JUN	Yr 3-12 Hume Cross Country, Benalla
16-19 JUN	Yr 7-11 exam week
17 JUN	GAT exam
19 JUN	Yr 3/4 theatre excursion, Wangaratta
<b>20 JUN</b>	<b>Pupil free day</b>
23 JUN	Yr 9 Mountain Biking excursion, Beechworth
25 JUN	Primary O&M Winter Sports Day, Wangaratta
<b>26 JUN</b>	<b>School photo day</b>

**NEXT PUPIL-FREE DAY: Friday 20 June**

**SCHOOL PHOTOS: Thursday 26 June**

## BEFORE SCHOOL STUDY

Studying early in the morning offers a multitude of benefits, ranging from enhanced concentration and memory to improved health and reduced exam stress. Ms Farmer is running early morning study for Senior Students 5 days a week.

**8-8.50am - Mon-Fri - Room 23**





## RESILIENCE PROJECT

We are pleased to share the findings of an independent evaluation by Monash University, which looked at the long-term impact of The Resilience Project in schools across Australia. With data from over 40,000 secondary students, the results are both significant and encouraging. After six years of participation, students in schools implementing The Resilience Project experienced:

- Higher levels of life satisfaction, hope, and the ability to cope with challenges
- 34% lower likelihood of experiencing anxiety
- 47% lower likelihood of experiencing depression

One of the key takeaways from the research is that how the program is delivered really matters. When schools implement the program well—with strong teacher engagement—the mental health benefits for students are twice as high compared to schools with lower-quality delivery. This year at Bright P-12 College, two of our secondary Leading Teachers, Tash Tough and Mel Worth, are passionately and professionally implementing the program with our secondary teachers during the Home Group sessions in the mornings.

This research reinforces why we're committed to making The Resilience Project a core part of our approach at secondary. It is not just a program—it is an investment in your child's wellbeing. By focusing on practical strategies like gratitude, empathy and mindfulness, we're helping students build the emotional skills they need to thrive—at school and beyond.

Our mission at Bright P-12 College is to give equal value to wellbeing and learning, because we know that when students feel well, they learn well.

Thank you for your ongoing support as we continue to prioritise the health and happiness of our students to allow them to thrive in all areas of their lives. For more information, see <https://theresilienceproject.com.au/>



## PREP/Yr 1 ART ctd...



## 2025 INTERSCHOOL DEBATING DAY

Expressions of interest are now open for the 2025 Interschool Debating Day, to be held at EMPAC Hall, Marian College (Myrtleford) on Wednesday, 10th of September.

Students will compete in small groups against students from other schools, participating in 2-3 debate rounds on the day. To register, interested students from Years 7-11 will need to see Mr Harbison to sign up by Friday, 13th of June.

Please note that numbers for this event are limited.

Any questions can be forwarded to [Adrian.Harbison@education.vic.gov.au](mailto:Adrian.Harbison@education.vic.gov.au)

## PRIMARY AFRICAN DRUMMING INCURSION

Our Primary students were very fortunate to experience a fantastic incursion earlier this term. African drumming teacher Odai explained how to make different sounds on the djembe drums - students were surprised how many different sounds were possible.

Odai also talked about where he's from in West Africa, taught our students some words in his language, Ga, and also spoke about the importance of looking after everyone in the community. He sang and performed pieces on an 'mbira' which is a thumb piano from Zimbabwe and also on a 'kora', which is a long-necked harp lute made from a gourd and goats skin.

It was a very interesting, educational and inspiring incursion which culminated in a wonderful concert at the Bright Community Centre. Thank you, Odai!



## ADF CAREERS INFO SESSION

Learn more about Australian Defence Force (ADF) roles available in the Navy, Army and Air Force by attending the upcoming information session happening on:

Date: Thursday 19 June 2025

Time: 6pm to 7.30pm approx

Venue: Club Savoy Myrtleford, 252 – 254 Myrtle Street, Myrtleford

This information session will be hosted by current serving military personnel who understand the Defence application process and can answer your questions. If you would like to attend and learn more about the ADF and the 200+ roles on offer, please follow the link and register your interest via the link below:

<https://www.adfcareers.gov.au/events/events-detail/1khwazu>

**ADF CAREERS**



## Yr 10 SPORTS COACHING & THE COMMUNITY

On Wednesdays the Year 10 Sport Coaching and Community class have been developing their skills and knowledge of sports/activities in preparation for our local community excursions. They have also had the opportunity to experience various sports such as Tchoukball to develop understanding of transferable skills and being challenged with adapting tactics and strategies to different game situations. Tchoukball was a particularly high intensity session with a high level of strategy being applied within the teams. Check out the action shots!



## FREE SCHOOL DENTAL PROGRAM

The Smile Squad, a Victorian Government free school dental program is coming to our school. This means ALL students can get a free dental check-up, preventive services and treatment at school.

**How to access free dental care.** We need your consent before we can provide services.

Consent is usually provided by a parent or guardian. Sign up to Smile Squad at: <https://bit.ly/smilesquadvic> OR use the QR code. Please complete and submit the consent form by 20/7/2025. Paper copies of the consent form are available. Please contact the school office if you would like to request one. The electronic consent form can be translated into more than 100 languages, and the paper form is currently available in 30 languages.



**Do I need to attend my child's appointment?** No, you do not need to attend your child's appointment. You can attend if you would like to, and you can take your child to the community dental clinic if you prefer.

The RFDS Smile Squad look forward to seeing you soon.



## Yr 3 KINDNESS PROJECT

This term, Year 3 students have created an ongoing project called "The Kindness of 3V". The aim of the kindness project is to promote empathy, compassion and positive social change by encouraging students to perform acts of kindness.

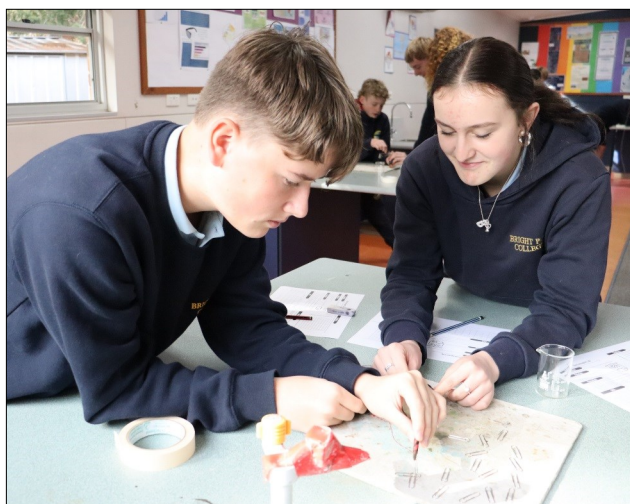
One of the activities the group has started is creating Kindness Rocks. This is where students paint inspirational messages, uplifting quotes, or cheerful images on rocks and leave them around the Primary yard for others to find. The goal is to brighten someone's day, foster connection, and promote compassion with the school community. Stay tuned for information about Kindness Day on Wednesday June 25th.



## Yr 9 SCIENCE

Year 9 students have finished the challenging unit on electricity and magnetism by bringing the concepts of electricity together with magnetic materials to create an electromagnet.

Students rose to challenge to see who could create the strongest electromagnet and collect the most paperclips.



## LOST PROPERTY

Are your children feeling cold? We have a number of unclaimed school jumpers (and lunch boxes and drink bottles) in lost property. Please visit the office and reclaim your child's belongings and remember to write your child's name on the items to make sure they come home again.



## Yr 9 MORRISBY CAREER PROFILING

Once again this year, we have had overwhelmingly positive feedback from Year 9 students who are participating in Morrisby Career Profiling. This program supports students to:

- learn about what skills and abilities they could bring to a job
- find out about what jobs match their abilities, interests and personality, and the subjects they need for those jobs.

As part of the program, students:

- complete a series of online questions and quizzes (on the Morrisby Profile website) at school
- receive a Morrisby Profile Report showing the results from the questions and quizzes, and possible jobs that match their abilities, interests, and personality
- have a 30-minute meeting with an accredited career advisor, who explains the report to the students.

Students have completed the Morrisby careers profiling and have had the pleasure of working with Mark Sampson, an independent careers practitioner. They discussed potential career paths with Mark and the subjects they may need to study to pursue these vocations. We congratulate Year 9 students on their maturity and willingness to get the most out of these interviews.

The next steps for students include sharing their results with their parents. Jane Mildren (Careers teacher) will work with them in a careers class to continue discussing and exploring the suggested career pathways. For more information, visit <https://www.morrisby.com.au/>



## MARRUNG AWARDS

We are proud to share that Bright P-12 College was named a finalist in the Marrung Education Awards held in Melbourne last month.

Our nomination recognised the incredible work in delivering the VCE Indigenous Languages of Victoria course, a subject we are proud to be the only school in the state currently offering. This program, which focuses on the revitalisation and continued teaching of the Dhudhuroa language, is the result of many years of commitment, collaboration, and deep respect for local Aboriginal culture. Being recognised on a state level is a testament to the significance of this work and the strength of our community's commitment to reconciliation and cultural education.

A special mention to our dedicated language teachers, Dr Susan Joyce and Katrina Ciolli, whose leadership and passion have been central to the success of this program. They are pictured here with Bright P-12 College Marrung Lead Natasha Tough.





## Yr 3 & 4 GOLF

Fantastic news! The school received a grant from Sporting Schools Victoria that has allowed us to add a Primary school golf kit to our equipment. Year 3 and 4 students took part in their first session of putting and chipping using the new equipment. All students enjoyed this new experience, with more sessions to follow in the next few weeks.



## Yr 10 FOOD TECHNOLOGY

Year 10 Food Technology students completed their production task recently. Working in pairs, students had to make a layered celebration cake. For most students this was their first attempt at decorating a cake.

Skills required included baking a foundation butter cake, choosing an appropriate filling and applying some basic decorating techniques. Students had to provide inspiration ideas through research prior to this task. Many realised that some changes were needed as the task progressed. The completed cakes were delicious.





## Yr 9 OUTDOOR EDUCATION

Year 9 Outdoor Education students took part in a training session at school, preparing for an upcoming full day ride at Beechworth on the Epic Mountain Bike Trail.





## Yr 8 SCIENCE

Year 8 Science students culminated their learnings of the cardio-respiratory systems with a dissection of a sheep pluck (heart, lung and liver). Students investigated firsthand the structure, texture and feel of mammalian lung tissue, the chambers of the heart, the various valves within the heart and the connecting arteries and veins.



## DOLLY'S DREAM PARENT HUB



This week, our Year 5 & 6 students are taking part in the Dolly's Dream Program - an important initiative aimed at promoting kindness, safety and resilience in both online and offline environments. Students are participating in age-appropriate lessons covering Digital Safety, Bullying (including cyberbullying), Self-Worth and Wellbeing.

These sessions are designed to empower students with the knowledge and tools to make safe, respectful, and positive choices in their interactions with others - online and in person.

We also held a Parent Information Session in the school library. If you couldn't attend the session or if you're interested in more information, we'd like to let parents and carers know about the Parent Hub on the Dolly's Dream website. It's full of useful tips on how to support your child's mental health and easy-to-read articles with regularly updated information about online safety and bullying. For more information, visit <https://www.dollysdream.org.au/parent-hub>



## PREP PROCEDURE TEXTS - PLAY DOUGH

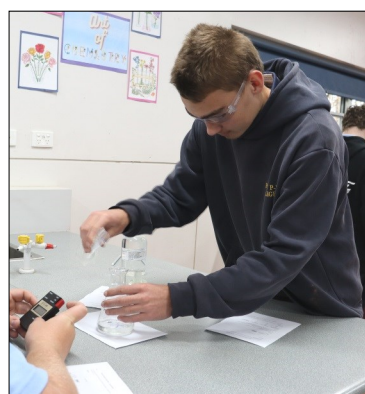
The Prep and Year 1 students recently worked together in small teams to make play dough as an introductory lesson in the study of procedure texts. A video of the recipe was viewed before students made their own play dough to take home. They listened to instructions; agreed roles within their groups; problem-solved and adapted when things weren't working out as they'd planned; shared predictions about how the play dough would turn out; asked for help from their peers and teachers when they were unsure; created unique shapes and shared their ideas with their class. All students had fun while developing their listening, collaboration and critical thinking skills and building their self-confidence.



## Yr 10 SCIENCE

Students in Year 10 Science have been studying Chemistry and have now begun looking at reaction rates. They started exploring the variables of temperature and concentration through a precipitation reaction known as the 'disappearing cross' method.

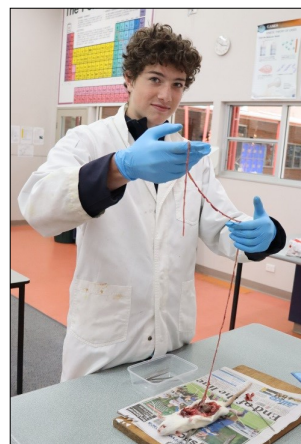
Students timed how long a reaction takes by the development of a solid which obscures a cross.





## Yr 11 BIOLOGY

As part off their study of body systems, Year 11 Biology students carried out rat dissections. They identified the organs of the digestive, excretory and endocrine systems and compared the digestive system of the rat with that of a human. Unravelling the rat's small intestines revealed them to be about 1.7m long, while an adult human's small intestine is between 6m and 7m long.



## Yr 7 MUSIC

In Year 7 Music classes this term, students have been working on developing their practical music skills. Each student has chosen an instrument to concentrate on, either the keyboard, guitar, ukulele or drums. They had to work on playing part of a song of their own choice. They have enjoyed working on music that they've chosen themselves while developing their instrumental skills.





# COMMUNITY NOTICES

**gateway health**  
People living well

**headspace**  
Albury Wodonga

## young artists!

We're looking for art pieces to be part of a pride month exhibition!

**entries close Friday 13 June**

**national science week**

## SCIENCE WEEK

DAILY FUN AND FACTS  
+  
ANNUAL BEAT THE TEACHER QUIZ

**9 - 17<sup>TH</sup> AUGUST  
SCIENCE IS COMING...**

**2024 ALPINE SHIRE YOUTH AWARDS**

**THE 25<sup>TH</sup> ANNUAL ALPINE SHIRE YOUTH AWARDS**

The Alpine Shire Youth Awards recognise and celebrate the contributions, skills and achievements of a diverse range of young people aged 12 - 21 years.

**NOMINATIONS FOR THE 2025 AWARDS ARE NOW OPEN AND WILL CLOSE AT 11:59PM ON MONDAY THE 4TH OF AUGUST 2025.**

# DEBATING COMPETITION

**Sign up now!**

Are you interested in mastering arguments, working with your friends and competing against students from other schools? Are you ready for another challenge? Then sign up now for the Interschol Debating Competition to be held on Wednesday, 10<sup>th</sup> of September at EMPAC, Myrtleford!

**Why sign up?**

- Developing your skills  
Debating improves your ability to speak and formulate arguments, whether at home or with your family and friends.
- Teamwork  
Debating is a team sport; you have the chance to support your peers and work together to come up with arguments to defeat the other team.
- Real life learning  
You will get the chance to critically engage with topics that are highly relevant to our world today.

**How to Apply**  
Use the sign up sheet on Mr Harbison's desk to put your name (and team members) down. Names are required by Friday, 13<sup>th</sup> of June.

**Apply Now!**

**More Information**  
Email  
adrian.harbison@education.vic.gov.au

**WELCOME TO THE RESILIENCE PROJECT.**

**Parents & Carers**

**Why?**

- 1 in 4** adolescents have a mental illness.
- 65%** of adolescents do not seek help.
- 1 in 7** primary school children have a mental illness.
- 1 in 5** adults will experience mental illness.
- Over 50%** of students are at risk of a poor learning mindset (anxiety + disengagement).

**About the program**  
TRP is committed to teaching positive mental health strategies to prevent mental ill health and build young people's capacity to deal with adversity.

We're proud to be implementing TRP's evidence-based whole school wellbeing program to support positive mental health in the classroom, staffroom and wider community.

Students will engage in weekly lessons to understand and strengthen their practice of **Gratitude, Empathy, Mindfulness** and **Emotional Literacy**, with regular opportunity for parent/carer involvement.

**Get involved with TRP@HOME**  
Scan the QR code or [click here](#) to find activities and resources to implement the GEM-EL principles at home.

**Evidence-based**  
TRP's School Partnership Program has been independently evaluated by [The University of Adelaide](#) and [The University of Melbourne](#).

Scan the QR code to learn more about how the program is significantly lowering the risk of mental illness.

**the imperfects**  
The imperfects is hosted by Hugh van Cuylenburg, Ryan Shelton and Josh van Cuylenburg, celebrates just how imperfectly perfect we all are. Together, they chat to a variety of people who bravely share their struggles and imperfections alongside valuable learnings we can apply to our own lives and use to support the teachings of TRP in the classroom. Guests include Nathan Buckley, Grace Tame, Jack Steele, Zan Rowe, Michael Klim, Billy Slater, Lael Stone, Pat Cummins, Tim Minchin and many more.

**the imperfects podcast**

(03) 9113 9302 [theresilienceproject.com.au](http://theresilienceproject.com.au)

**RESILIENCE PROJECT.**

**THE LIGHTHOUSE**

**BRIGHT'S YOUTH HUB  
FOR YOUNG PEOPLE AGED 12-25  
YEARS OLD**

**WEDNESDAYS AND THURSDAYS  
3PM - 5:30PM**

study space    safe space  
snacks        support services  
games        friends

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We **URGENTLY** need **Foster Carers** in your area. Enquire now on how you can help change a child's life.

**CanFoster.com.au | 1800 932 273**

**ALPINE**

## EARLY YEARS OUTREACH PROGRAM

The Early Years Outreach Program is a free service that supports families from a Culturally and Linguistically Diverse (CALD) background who live, play, work or study in the Alpine Shire.

Our CALD Early Years Officer works directly with families and local service providers to support inclusion and ongoing participation in education.

**We can assist to:**

- Enrol children in Kindergarten
- Connect with other early childhood supports
- Support families to transition from Kindergarten to Primary School

To find out more contact the CALD Early Years Outreach Officer:

0417 957 627 or [shannanw@alpine.vic.gov.au](mailto:shannanw@alpine.vic.gov.au)

**SUPPORTING CHILDREN AND FAMILIES**





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**Fun for all!**



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Email: [info@alpinebuildingpermits.com.au](mailto:info@alpinebuildingpermits.com.au)

9:00 am to 4:30 pm Monday to Friday  
Shop 5/1 Ireland Street, Bright

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- ✓ Bushfire management advice, reports
- ✓ Servicing Victoria and New South Wales
- ✓ Regulatory building advice
- ✓ Fire and life safety reports
- ✓ Owner builder advice and permits



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DICKENS

real estate

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Tuesday (Tarrawingee or Wandiligong Dojo)

Thursday (Porepunkah Dojo)



Contact Us:  
Shihan Geoff Miller  
0417 030 191 or  
Sensei Sue Texler  
0421 562 248

Weblinks  
[www.alpinedojo.com](http://www.alpinedojo.com)  
email: [alpinedojo@gmail.com](mailto:alpinedojo@gmail.com)  
facebook: [AlpineShinkyokushinKarateDojo](https://www.facebook.com/AlpineShinkyokushinKarateDojo)



**BRIGHT HOLIDAY**  
*Accommodation*

#### Experience Bright Library

#### Weekly Story Time!

Every Thursday from 10am

#### Weekly Rhyme Time!

Every Friday from 10am

A range of school  
holiday activities for  
all ages to enjoy!

Keep an eye on Alpine  
Shire Council's Facebook  
page for updates and  
news on upcoming events  
at the Bright Library!



**ALPINE**  
SHIRE COUNCIL