

6 March 2024
Issue 3

Bright P-12 College Newsletter

WELLBEING UPDATE

We have recently started a physical environment audit of the school from a mental health and wellbeing perspective. One factor identified is increasing plants and green spaces within our indoor spaces. The benefits of incorporating plants into the learning environment include:

- Improves wellbeing – soothes and comforts
- Decreases stress and anxiety
- Supports a calm environment – can be noise buffering
- Supports hands on connection to learning
- Provides opportunities for brain breaks
- Removes pollutants, increases fresh air and in turn decreases illnesses
- Supports autonomy/decision making processes



From here, our aim is to increase the number of plants across the school. We are approaching this in 3 ways:

- Purchasing new plants and pots
- Secondary students propagating plants
- Community donations

To support this goal, we are requesting donations of pots, saucers and plants. Please drop them off at the back of the staff room. If you're unsure about where this is, head to the office and they can direct you. Thank you in advance.

CLEAN UP AUSTRALIA



Year 2, 5 and 6 students worked around our school last week, to mark Clean Up Australia Day. They tidied our Primary and Secondary areas and our Outdoor Classroom.



Year 5 students presented at the Primary assembly, asking students to bring 'nude food' to school without packaging and also explaining the positive effects on everyone's mood when we live in a clean environment. Well done to everyone involved!



Official
Facebook
page



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E: bright.p12@education.vic.gov.au
www.brightp12.vic.edu.au





Principal's Message

Dear students, parents and carers,

We are now over half way through the first term of 2024 and I am excited to share the numerous extracurricular events that have already taken place at Bright P-12 College, with more to come throughout the term. A brief look at our calendar for the next two weeks gives an interesting glimpse into the wide range of activities and excursions, from Harrietville to Melbourne; from work experience to kayaking. Thank to you to our amazing team of teachers and support staff who make these activities possible.

I would like to say a special 'thank you' to the Parents & Friends Committee, who raised an impressive \$493.30 through the Sunflower Fundraiser. The photos are on page 10 of this newsletter.

At our school, we believe in a holistic approach to education that focuses on the overall development of students in academic, social, emotional, and physical growth.

In our commitment to providing the best educational opportunities for all students, we have placed a strong emphasis on maintaining small class sizes across the College, especially at the beginning and end of the school journey. For instance, our two Prep classes consist of only 12 students in each, allowing teachers

to provide personalised guidance and support as students embark on their formal education journey. Similarly, our VCE classes, which can have as few as 4 or 5 students for certain subjects, offer students additional hours of instruction and individualised attention to help them excel in their studies.

By prioritising small class sizes, we aim to create a supportive and nurturing learning environment where every student receives the attention and guidance they need to thrive academically and personally. If you have any questions or would like more information about our approach to education at Bright P-12 College, please do not hesitate to reach out.

Jean Olley - Principal

NOTE: ALL CALENDAR EVENTS ARE SUBJECT TO CHANGE. PLEASE CHECK COMPASS FOR MOST UP-TO-DATE CALENDAR

COLLEGE CALENDAR

MARCH 2024

4-7 MAR	Prep-Yr 2 swimming program
5-6 MAR	Yr 9 Outdoor Ed kayak trip, Eildon - Group 1
6 MAR	Primary Hume swimming, Shepparton
7-8 MAR	Yr 9 Outdoor Ed kayak trip, Eildon - Group 3
7-8 MAR	Yr 6 Bike/Hike/Camp, Harrietville
11 MAR	Labour Day Public Holiday
15 MAR	Secondary Hume swimming, Wodonga
18-22 MAR	Yr 8 Bogong camp
18-22 MAR	Yr 10 Work Experience
20 MAR	VCE Art Melbourne excursion
20-21 MAR	Parent/student/teacher conferences

**NOTE: School photos are booked for
Tuesday 23 April**

STUDENT-FREE DAYS

Parents / Carers, please make a note of the following student-free days in 2024:

- Monday 6th May
- Friday 14 June
- Friday 6th September
- Friday 6th December

TUTORING PROGRAM

We are currently working to establish an After School Tutoring Program for both Primary and Secondary students, following a similar structure to our successful Instrumental Music Program. This program will complement our existing Secondary Homework Club, which operates on Tuesday afternoons from 3:30pm to 4:30pm in Room 15/16. The Homework Club provides students with a dedicated space to complete their assignments, interact with teachers and receive academic support. Additionally, students can enjoy some refreshments such as Milo, fruit, and other snacks. The goal of these programs is to engage students in continued learning in a safe and comfortable environment after school, providing them with an academic boost and valuable learning opportunities outside regular school hours.

We expect to have the tutoring program available in Term 2 of this year. Further information will be communicated via Compass. If you are interested in putting your students name on a waiting list please email

bright.p12@education.vic.gov.au

PRIMARY JAPANESE

Setsubun

Primary Japanese students learned about setsubun- a traditional Japanese celebration at the start of February.

Students wore 'oni' masks and chased the oni away throwing mame (beans), whilst calling out おにはそと、ふくはうち- oni wa Soto, fuku wa uchi.

Wishing away the evil and bringing luck in for the coming season.



FALLS CREEK MOUNTAIN BIKE INTERSCHOOLS

The MTB interschools were held on Friday last week at Falls Creek. Bright P-12 College won the Primary category by winning the most points over the day, along with a number of individual successes. It was a great day, with the College values on show. Individual results were:

Div 4 Male

Malachy T 4th

Blake B 14th

Oscar F 16th

Hudson T 25th

Div 4 Female

Scarlett S 1st

Zoe C 4th

Div 5 Male

River S 2nd

Murphy T 4th

Fergus P 5th

Otis G 7th

Finn B 19th

Div 5 Female

Davina H 1st

Hannah C 4th



Yr 9 SCIENCE

Digestive System and Nutrition: Testing the presence of macronutrients in food. Year 9 students selected from a range of food tests, to see if protein, fat, sugar and starch were present or absent in some everyday food items. Some of these tests were quite technical and many students faced difficulty completing the tests accurately. Despite this, all students persisted and recorded some intriguing results!



MUSIC NEWS

January 2024 Band Camp. A number of students from Bright P-12 College participated in a music camp. This camp was run by the 'Skunkworks Community' which is an organisation committed to providing musical opportunities for musicians in communities across Victoria.

This camp was held at the Bright Chalet. Each day a number of our students including Callen G, Finn B, Blake B, Khy A, Miles G, Oliver C and Georgia H were part of a 'Beginner Band' which rehearsed different music and worked on developing their musical skills with a conductor from Melbourne. The students took part in a final performance and got to



hear other students perform in two more advanced ensembles. The students had a great time on camp, and particularly enjoyed the chance to have a daily swim in the pool, enjoy the tasty lunches and hear more accomplished musicians perform.

Yr 5/6 APEX WALK

"On Friday the 5/6s walked up Apex. It was very hot by the time we got to the top but luckily Mr Gray and Miss Ambler were waiting at the top with a water refill. The views from the lookout were stunning and the rain just missed us. Overall it was a very fun day." by Year 6 student and Primary Captain Scarlett S.



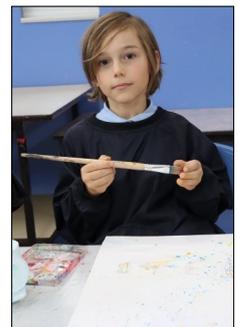
COLLEGE COUNCIL

Bright P-12 College Council nominations are still open and close this Friday. This is a great opportunity to get to be involved with our school.

For more information on College Council, please call the Front Office on 03 5755 1166.

Yr 3/4 ART

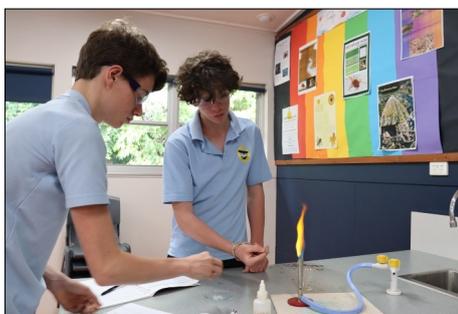
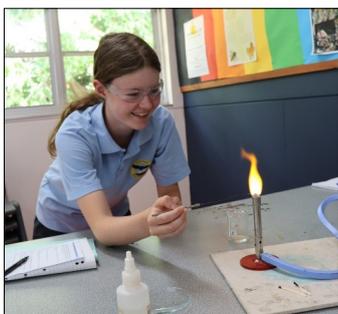
Students in Years 1-5 have been fully engaged in creating their Jackson Pollock-inspired name plates during their Art classes. Here, Year 3/4 students are creating their abstract masterpieces.



Yr 11 CHEMISTRY - FLAME TESTS

It is possible to create a variety of coloured flames by burning a small amount of different metal salts in a fire. These colours are often used in fireworks to give the different colours we see when they burn. Sodium is also used in some street lights and that is why they appear yellow when on. Chemistry is everywhere!!

This is a type of analysis that allows us to determine metals present in different compounds. In VCE Chemistry we link these characteristic flame colours to the model of the atom & excitation of electrons.



BUDDIES

Early in the school year, our Prep students are assigned a Year 5 buddy (or buddies).

The Year 5 buddies become an extra support person for the Preps in the yard and the students get together to eat their lunches together and for Buddy Reading. The Year 5 students listen and assist their buddies to read books, read them a picture book and help them to learn their high frequency words. Both year levels enjoy sharing these activities and times together.



PRIMARY CONCERT BAND

Primary Concert Band rehearsals are being held in the Music Room. Students learning the trumpet, trombone, tuba, saxophone and clarinet come together to play together some of their new music. Students at Bright P-12 College have the chance to learn a brass or woodwind instrument and become part of this program. There are still brass and woodwind instruments left to choose from. It is open to students from Year 3 and above. Each student will get a lesson each week and need to commit to the Concert Band on Mondays after school. Please contact Mr Campbell if you are interested.



Yr 9 FOOD

Year 9 Food students have started 2024 investigating the term 'fusion cooking'.

During this class, students made an Asian-inspired bolognese sauce with rice noodles. Students followed this up with apple crumble, incorporating lemongrass and coconut milk.



Yr 10 PRODUCT DESIGN & TECHNOLOGY

Students are following a set of plans to create the basic frame of a classic Cape Cod Chair. They can then demonstrate their creativity by designing and creating an innovative backrest.



SUSTAINABILITY UPDATE

Year 6 students worked with our Sustainability Coordinator and received a valuable lesson in composting at our Deacon Avenue site (between the stadium access road and the Alpine View Childcare Centre). Students learnt about the various ingredients required to create this valuable resource which will be used in the educational gardening space comprising an orchard, greenhouse, food forest and worm farms.

Using funds sourced through the Alpine Shire Council from the Commonwealth and State Governments, Revitalising our Environment Grant Program, we have installed a new fence. The next stage is to use part of the remaining funds to plant 1,000 native plants around the perimeter of the fence.



GUEST SPEAKER

Last week, Bright P-12 College had the privilege of hosting a small seminar with a group of students and Australian Enduro Champion for Motocross, Riley McGillivray.

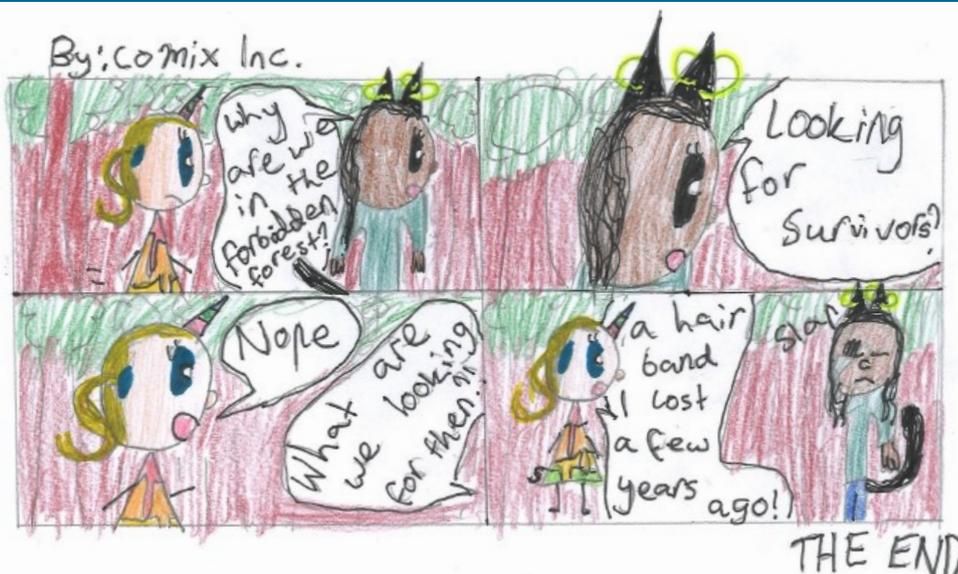
The seminar allowed students to ask questions about Riley's journey to the top of the sport and how to overcome obstacles along the way. Students were fully engaged and amazed at Riley's success in the sport, while learning how various aspects of his education have helped him achieve his goals. The topics covered included:



- How to handle the pressure of competing at such a high level.
- How to overcome setbacks and stay motivated.
- Stress management and skills required to become a professional athlete.

Riley talked about the importance of various subjects including Maths and English which are imperative for dealing with sporting contracts and posting on social media. Students were interested to hear how much these skills contribute to Riley's ongoing success even though the profession focuses on fast and skilled riding. Riley emphasised the importance of these skills and how they are a determining factor in his success as a professional racer. He explained to the group, when he looks back on his schooling, he now realises how valuable his education has been to support him in where he is today. The group talked openly about how sometimes students can find it difficult to be motivated doing subjects that don't seem to be in line with their aspirations. Students may often be focused on a dream, sport or pathway that seems so different from classes at school. Riley was able to connect the learnings, habit formation and routine from school and explain its importance in a way that students could relate to and understand. Thank you so much Riley for sharing your story and inspiring our students to achieve personal goals.

STUDENT WORK



One of our Year 7 students has an interest in creating comics and has provided this for our newsletter.

They wish to remain anonymous, working under the 'comix inc' name.

We're happy to showcase student work in our newsletter.

FUNDRAISING

Last week, the Parent and Friends Committee arranged a Sunflower Fundraiser, generously supported by Pepo Farms in Ovens. This fundraiser brought a touch of sunshine into homes and also supported our school community. Many thanks to the Parents and Friends Committee and thank you also to parents / carers who supported this initiative.



Yr 7 SCIENCE

Year 7 Science have been studying Measurement. Students had to measure liquids with millilitre accuracy using a plastic 5ml pipette. Following detailed instructions and beginning with 3 colours (blue, red, yellow), their results became a 'test tube rainbow' of 10ml exactly in each test tube. They had to be careful not to cross contaminate, handle glassware with care, clean up any spills and correct any mistakes. Our Year 7 cohort has demonstrated very strong scientific understanding and curiosity.



STUDENT ACHIEVEMENT



Year 6 Bright P-12 College student Eliza Walker spent the Summer in Canada where she was moguls training at Apex Resort followed by road tripping around British Columbia to compete in the Freeride Series.

Freeride events are held on natural, ungroomed, black diamond terrain that has no set course and athletes ski the slope finding as many features and jumps as they can whilst skiing using their best technique. Eliza's highlight was a Gold medal at Fernie resort and also a Silver medal at Panorama resort. Lots of fun, great experience and lots of new friends and memories made!



COMMUNITY NOTICES

FUTURE PROOF RURAL

FACILITATED BY THE AUSTRALIAN RED CROSS

YOUTH FIRST AID COURSE

MUST BE AGED BETWEEN 12-25 YEARS OLD



BRIGHT PAVILION
 MONDAY, APRIL 22ND FROM 4PM TO 7PM (3 HOURS)
 WEDNESDAY, APRIL 24TH FROM 4PM TO 7PM (3 HOURS)
 NEED TO ATTEND BOTH DATES

FOLLOW US @ALPINESHIREYOUTH
 EMAIL US: YDO@ALPINESHIRE.VIC.GOV.AU



Save the Date!

Sat 23 March 2024

ALPINE COLOUR FUN RUN 2024

Myrtleford Showgrounds



freeza VICTORIA
 www.freezavictoria.com.au

ALPINE

ALPINE SHIRE COUNCIL YOUTH

ALPINE SHIRE COUNCIL

L2P PROGRAM

Alpine L2P is looking for learners in Bright

There are vacancies for learners in Bright and surrounds, so if you are having trouble getting your 120 hours and need some assistance, this is the program for you. There are eligibility requirements but we look at each learner on an individual basis, so ask us first.

Contact the L2P Coordinator at 03 5755 0555 or L2P@alpineshire.vic.gov.au and we will be in touch.

THE MONSTER OBSTACLE!!

MONDAY 18 MARCH: LES PEART OVAL, MOUNT BEAUTY
 TUESDAY 19 MARCH: EVENTS LAWN, PIONEER PARK, BRIGHT
 WEDNESDAY 20 MARCH: MEMORIAL PARK, MYRTLEFORD

IT'S FREE | 5:00 - 7:30 EACH DAY | BYO PICNIC RUGS | FOOD VANS ONSITE




Scan for more info

#themonsterau

Hosted by Inflatable Fun Park

This project is jointly funded by the Australian and Victorian Governments under the Council Flood Support Fund and the DRFA.

Australian Government VICTORIA State Government

Expressions of Interest from local Tutors

Bright P-12 College is seeking expressions of interest from suitably qualified local professionals to be part of the College's new Tutoring Program. The tutoring program will offer Primary and Secondary students affordable after-school tutoring by subject-experts. The program will complement the College's existing Homework Club. We would like to hear from professionals who live locally and have the skills and knowledge in either Literacy/English, Mathematics, or Sciences and have a passion for supporting young people succeed and achieve their best. Please email your expression of interest to bright.p12@education.vic.gov.au or contact Jean Olley on 03 5755 1166 for further information.

INTERNATIONAL WOMEN'S DAY 2024

COUNT HER IN

Invest in Women. Accelerate Progress.

The Country Women's Association of Victoria Inc
 CWA VICTORIA

The North Eastern Group of CWA Victoria

International Women's Day event

Understanding financial literacy and knowing practical strategies makes financial independence possible.

THURSDAY 7th MARCH 2024
 6pm for 6.30pm start
 CWA Hall, 17 Templeton St Wangaratta.

Our Panel:
 Helen Haines is the Federal Member for Indi. She brings an understanding of the financial and economic reality of our local area and the importance for all of us, of financial literacy and prosperity.
 Diana Jacobsen combines a background in accountancy, financial planning, business strategic planning, and personal empowerment coaching.
 Hannah Robinson is a mother of 2, CWA branch president and has run her own business.

Tea, coffee and supper provided.
 Cost: \$5 per person
 Book online here (or cash at the door):
<https://www.tribooking.com/EPLIH>



Empowering women isn't just the right thing to do, it's the smart thing to do. - Barack Obama

THE LIGHTHOUSE

WEDNESDAY & THURSDAY 2PM - 6PM
 FOR YOUNG PEOPLE AGED 12 - 25 YEARS OLD

FUTURE PROOF RURAL

YOUTH

1 RAILWAY AVE,
 BRIGHT
 AT THE BACK OF THE
 BRIGHT COMMUNITY CENTRE

- SNACKS
- GAMES
- STUDY
- SAFE SPACE
- SUPPORT SERVICES

The Lighthouse

ALPINESHIREYOUTH



Run and have some Fun!

2024 Buffalo Stampede Running Festival

Join us in Bright on Saturday 23rd March. With a 2km kids run and a 5km family run, this is the perfect opportunity to get the little ones out for a bit of fun - with all kids getting an event shirt and medal.

As a local entrant, we would be happy to offer a discount of 50% off the already low rate. Please use [BrightKids](https://buffalostampede.au/bright-junior-trail-run-2km) as the code when registering via the website below.

<https://buffalostampede.au/bright-junior-trail-run-2km>
<https://buffalostampede.au/bright-family-trail-run-5km>



10 YEARS BUFFALO Stampede FESTIVAL 22-24 MARCH 2024



Bright Mini Golf



18 hole course
Group bookings welcome
Fun for all!

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ALPINE BUILDING PERMITS

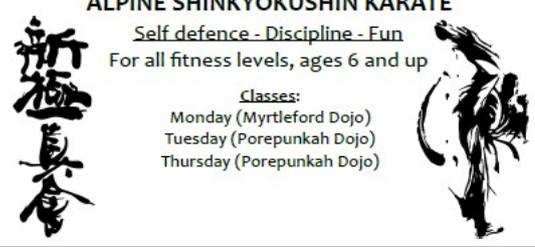
Alpine Building Permits & Consultants
Building Permits & Building Inspections

Call the team: (03) 5755 1589
Email: info@alpinebuildingpermits.com.au
9:00 am to 4:30 pm Monday to Friday
Shop 5/1 Ireland Street, Bright

- ✓ Domestic and Commercial Building Permits
- ✓ Regulatory building advice
- ✓ Bushfire management advice, reports
- ✓ Fire and life safety reports
- ✓ Servicing Victoria and New South Wales
- ✓ Owner builder advice and permits

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Self defence - Discipline - Fun
For all fitness levels, ages 6 and up

Classes:
Monday (Myrtleford Dojo)
Tuesday (Porepunkah Dojo)
Thursday (Porepunkah Dojo)



Contact Us:
Sensei Geoff Miller 0417 030 191 or Sensei Sue Textler 0421 562 248

Weblinks:
www.alpinedojo.com
email: alpinedojo@gmail.com
facebook: [AlpineShinkyokushinKarateDojo](https://www.facebook.com/AlpineShinkyokushinKarateDojo)

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BRIGHT HOLIDAY
Accommodation

DRY GOODS

BRIGHT FOOD CO-OP

LOCAL FRESH PRODUCE

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BUFFALO BOULDERS



Need to move your adventure indoors?
Hours of fun for ages 5 and up
Open 9am-9pm Mon-Sun

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0428 021 938



Experience
Bright Library

- Weekly Story Time!**
Every Thursday from 10am
- Weekly Rhyme Time!**
Every Friday from 10am
- A range of school holiday activities for all ages to enjoy!**

Keep an eye on **Alpine Shire Council's Facebook page** for updates and news on upcoming events at the **Bright Library!**




ALPINE
SHIRE COUNCIL