

22 July 2026 - Issue 11

Bright P-12 College Newsletter

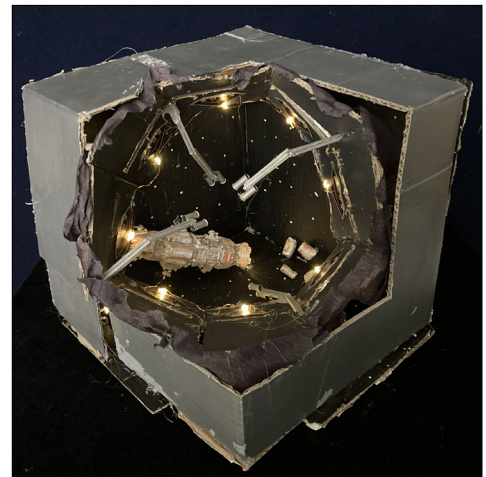
WELCOME TO TERM 3!

Welcome back! For more photos from our first day of Term 3, see page 8.



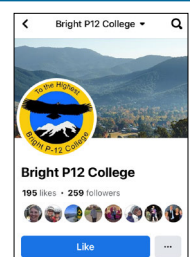
Yr 9 MEDIA

Year 9 Media students concluded last Semester by creating a Film Set Design in a Box, working either independently or in pairs. Students selected a film genre - such as horror, science fiction, action or romantic comedy - and designed a miniature set that used visual storytelling techniques to communicate mood, setting and narrative. The finished projects showcased their creativity, attention to detail, and strong understanding of how set design can bring a story to life. More photos on page 5.



Ph: 03 5755 1166
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www.brightp12.vic.edu.au

Official
Facebook
page





Principal's Message

Dear students, parents and carers,

What a wonderful start we have had to Term 3.

It has been very encouraging to see our students return with such enthusiasm and a positive approach to their learning. Thank you parents for your ongoing support in ensuring the term has started so smoothly for your children.

This week also marked the beginning of our snow sports programs, and we have received extremely positive feedback from students, staff and families involved. These programs provide outstanding opportunities for our students to develop resilience, confidence, teamwork and a lifelong appreciation of the incredible environment in which we are fortunate to live.

A reminder about our upcoming events, including tonight's Yr 11 in 2007 Expo & Information Evening. Whether your child is considering VCE, or the Vocational Major (VCE/VM) pathway, this is an excellent opportunity to meet our staff, ask questions and explore the many pathways available at Bright P-12 College.

Year 7 in 2027 Information Night

6 - 6:45pm, Thursday 3rd September at Bright P-12 College

Starting Secondary school is a big step and we're here to help make the transition as smooth as possible. Students and parents/carers are invited to join us in the school library for our Year 7 in 2027 Information Night to learn everything you need to know about the transition process and what to expect next year.

This is a fantastic chance to:

- Get valuable information about starting Secondary school
- Ask questions of our staff, current students and other families
- Connect with others who are also making the transition

We look forward to seeing you there. If you can't attend, but would like to see our school, please contact us to arrange a tour.

Transition day: Tuesday 8th December

Bright P-12 College, Bakers Gully Rd, Bright 3741
Email: bright.p12@education.vic.gov.au Ph: 03 5755 1166
www.brightp12.vic.edu.au

Our Secondary teaching team brings a wealth of experience and expertise. Several of our teachers are VCAA assessors who mark VCE and GAT examinations each year. This provides them with valuable insight into current assessment expectations, examination techniques and the teaching practices that help students achieve their best. We are also incredibly proud of our innovative VCE/VM programs. Our flexible approach allows students to combine their studies with meaningful workplace learning, TAFE opportunities and vocational experiences, helping them develop the knowledge, practical skills and confidence required for life beyond school.

Equally important is the work of our Careers Team, whose outstanding reputation extends well beyond our College. Their expertise, strong industry connections and personalised support ensure every student is guided to make informed decisions about their future, whether that pathway leads to university, apprenticeships, traineeships, TAFE or employment.

One of the greatest strengths of our school is that we know our students well and individually. Our small class sizes, strong relationships and personalised approach enable us to support each young person to achieve their goals while preparing them for a successful future when they graduate.

We look forward to another exciting and productive term ahead at Bright P-12 College

Jean Olley - Principal

COLLEGE CALENDAR

**All calendar events are subject to change.
Please check Compass for most up-to-date calendar.**

JULY

22 JUL	Canteen closed
22 JUL	5pm Yr 11 in 2027 Subject Expo & Information Evening
23 JUL	Industrial action - see Compass
27 JUL	Yr 9 Outdoor Ed cross country ski excursion, Falls Creek
27 JUL	6pm Yr 10 in 2027 Information Evening
30 JUL	Yr 10 Outdoor Ed cross country ski excursion, Falls Creek
31 JUL	Yr 3-6 Hoop Time basketball excursion, Wodonga

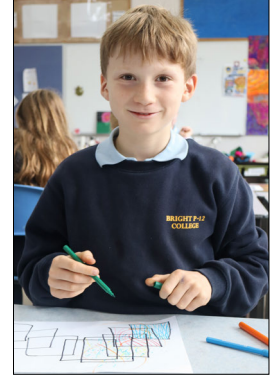
AUGUST

3 AUG	6pm VTAC Information Evening for Yr 12 students considering a tertiary (University or TAFE) course after Yr 12
5 AUG	Yr 5/6 Hume Winter Sports
5-7 AUG	Yr 10 & 12 Outdoor Ed 3-day caving excursion, Wee Jasper

NEXT STUDENT FREE DAY: Wednesday 9th September

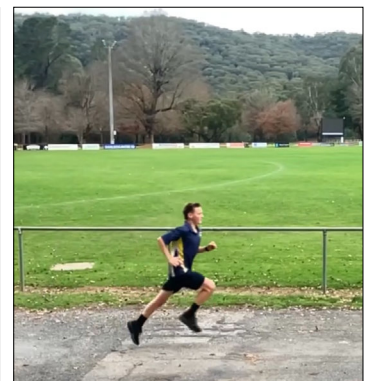
Yr 4 ART

Year 4 students explored Zentangles in their Art class. Zentangle doodling is a form of artistic expression anyone can do at any time. Zentangle is an abstract art form where artists draw repetitive, simple patterns. Usually the patterns are drawn using a black pen on white paper and sometimes the artist will colour them in. The patterns can be various forms of hash lines, circles, triangles, squares, flowers, spirals, paisleys, etc. The overall image can be something familiar like a bird or a flower, or any geometric or abstract shape.



VICTORIAN CROSS COUNTRY CHAMPIONSHIPS

Students Lucy G (Year 5) and Harvey D (Year 8) represented Bright P-12 College at the Victorian All Schools Cross Country Championships last term. It was a tough course in Bundoora and the weather was challenging but they both ran very well. Both students qualified for State Championships and competed in the Yarra Valley last week. Up against 85 competitors in the 11 yo girls category, Lucy placed 38th. Harvey placed 32nd in a field of 90 Secondary boys aged 12/13. Congratulations, Lucy and Harvey!



CANTEEN NEWS

We have a new face in the school Canteen - welcome to Mel Wessner. Mel has a real passion for good food, nutrition and bringing people together. Mel said "I'm already enjoying being part of our wonderful school community. I have lots of fun ideas to keep the menu fresh and exciting each term, while continuing to offer healthy, tasty options that everyone will enjoy. With a couple of treats thrown in, of course. If you see me in the canteen, please pop in and say hello. I can't wait to meet you all and help make the canteen a fun, friendly place to visit."

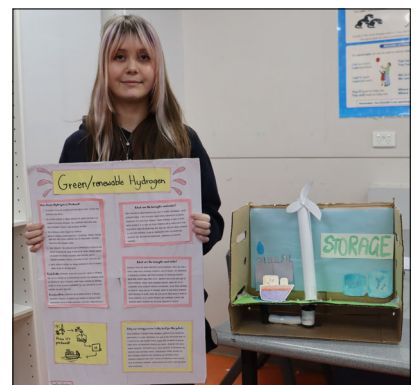
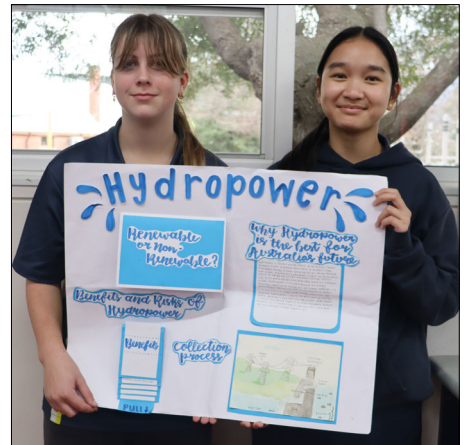
Parents / carers, if you would like to volunteer in the Canteen, please see 17 July Compass email from Mat Gray for all the details.

Thank you and farewell to Christian Sablatnig - all the best for your next venture!

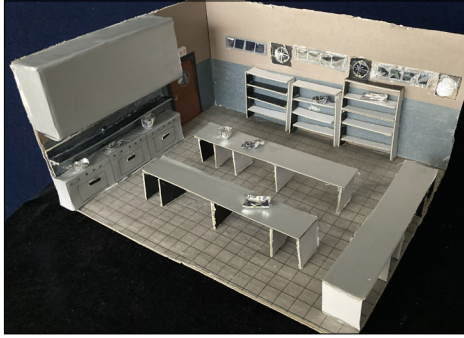


Yr 7 SCIENCE

Our Year 7 Science students recently completed their Earth's Resources unit by creating displays that explored the journey of an energy source from collection to conversion into usable energy. They investigated the risks and benefits of different energy sources before concluding with their recommendations for Australia's future energy needs. Students demonstrated excellent research, critical thinking and creativity throughout the project.



Yr 9 MEDIA ctd...



VCE VM END-OF-TERM LUNCH

Late last term, our VCE VM students proudly prepared and delivered a special end-of-term lunch for Primary school students. The VM team made over 60 pizzas from scratch, including preparing their own dough, and also baked a batch of delicious ANZAC biscuits.



With approximately 165 lunch orders, the VCE VM students worked incredibly hard and showed outstanding leadership, teamwork and organisation skills. The group were especially impressive when it came time to pack and distribute the orders to classrooms, working efficiently under pressure to ensure everything was delivered on time.

The event was a huge success, and students thoroughly enjoyed the experience. They are already looking forward to the opportunity to do it all again in the future.



Unhealthy thought patterns that can make you feel

anxious

Unhealthy thought patterns that can make you feel anxious...

all or nothing thinking

Thinking in **extremes** with no 'grey area', e.g.
"If I don't come first, then I'm a total loser."

Unhealthy thought patterns that can make you feel anxious...

only seeing the negatives

Filtering out or **minimising the positive or ok bits** and only remembering or focusing on the bad bits. E.g. "It's my fault we lost – I missed that goal in soccer!"

Unhealthy thought patterns that can make you feel anxious...

overgeneralising

Applying **one outcome** across all situations, e.g. "I never do well at math, I always suck!" (Using words like always, never, all and every).

Unhealthy thought patterns that can make you feel anxious...

thinking all feelings are true all the time

All emotions are valid, but not all emotions are true. Anxiety can be irrational.
E.g. "I feel this way because something bad is going to happen."

Unhealthy thought patterns that can make you feel anxious...

jumping to conclusions

'Mind reading', e.g. "They think I'm a loser" or 'fortune telling', e.g. "I'm going to make a fool of myself."

Unhealthy thought patterns that can make you feel anxious...

taking things personally

Blaming yourself for stuff you can't control. E.g. "It's all my fault my friend got in trouble for doing the wrong thing."

Unhealthy thought patterns that can make you feel anxious...

catastrophising

Blowing things **out of proportion** or thinking the worst case scenario. E.g. "If I do badly on this assignment, I will never get my dream job."

Unhealthy thought patterns that can make you feel anxious...

if you find yourself thinking this way, try:

Put your thoughts on the **'witness stand'**. Ask: Is this helpful? Is this realistic?

List as many examples as you can that **disprove** your unhelpful thoughts.

Unhealthy thought patterns that can make you feel anxious...

more strategies to try...

Reframe negative thoughts, e.g. "It's hard having no friends at dance class, but it's also a chance to make some new friends."

Break the thought pattern. You might do this by imagining a positive 'what if' for every negative one!

INFORMATION EVENINGS

This term, we are hosting three Information Evenings:

- Wednesday 22nd July. For current Year 10 students and their families
5pm - 6pm: VCE & VCE VM Subject Expo
6pm to 7pm: VCE Information presentation
- Monday 27th July 6pm - 7pm. For current Year 9 students and their families
- Thursday 3rd September 6 - 6:45pm. For current Year 6 students and their families

These Information Evenings are a chance to gather information, learn about school camps, think about subject options for next year and ask questions of our teaching and careers staff. All Information Evenings will be held in our school library.

See page 2 poster for more details about the Year 7 in 2027 Information Evening. See Compass posts for more details about all the events, including 2027 Course Guides.

Yr 11 ABORIGINAL LANGUAGES OF VICTORIA

Harrietteville Primary School recently hosted a NAIDOC celebration lead by Dhudhuroa & Waywurru Traditional Owners and members of Ngayanga Dhalanyba Dhudhuroa, the Dhudhuroa Language Circle. Students from Harrietteville Bush Kinder, Harrietteville Primary School and the Bright P-12 College Year 11 Aboriginal Languages of Victoria (ALV) class attended the event as well as Marcus Kintari and PJ Crocombe from Thamarrurr Youth Corporation.

The afternoon began with significant cultural practices including Welcome to Country spoken in language by Dhudhuroa woman Thaedra Frangos, rhythm and sound experience and a Smoking Ceremony led by proud Dhudhuroa and Waywurru man David Nelson. For many students, this was their first opportunity to participate meaningfully in these authentic and special cultural experiences. David explained the significance of the Smoking Ceremony in cleansing and connecting with Country. Students engaged their senses and used their hands to bring the smoke over them, enabling deep connection and reflection on responsibility, impact and purpose in caring for Country, community and each other. Each school group shared their Acknowledgement of Country, all of which included Dhudhuroa language.

Following the more formal beginning, students moved around and took part in small group activities, which included a Weaving and Yarning session with proud Waywurru woman, Megan Carter. Students across the various classes thoroughly enjoyed the experience of learning about this cultural practice together in a peaceful and engaging setting. There was also a Marngrook game, played outside with a djawa, possum skin ball. This game was great fun for all who played and those who spectated! It was well officiated with support provided by Marcus & PJ.

For students to 're-fuel', there was roasting of apples on the campfire and tasting the homemade, local Lillypilly cordial. This was a fantastic afternoon for all who attended, spending time connecting with people and Country, learning about the ongoing cultural heritage of the region from Custodians and celebrating language and culture.



WELCOME TO TERM 3 ctd...



Yr 7&8 O&M INTERSCHOOLS SPORT

Our Year 7&8 soccer / football teams had a great day. Off to a great start with wins on the board in both Year 7 and 8 however fortunes changed with Year 7s winning 2 of 4 matches and Year 8s winning three of four which secured them a place in the grand final only to go down 2-0 against Tallangatta. It was such a great day out with excellent teamwork and sportsmanship on regular display. Thanks to Xavier Kerr for his team management and Matt Pywell for umpiring every game our students played in.

The Year 8 boys went undefeated in their round games of badminton but came up short against a super strong Myrtleford P-12 College side in the grand final.



Yr 3-6 WINTER SPORTS DAY

What a great day! Students from Years 3-6 joined together to create teams and compete in soccer, AFL and netball. They competed with determination and amazing sportsmanship.

The **netballers** played against some really large schools in their pool, held their own in every game, and managed one win for the day. At the **AFL**, the team was initially undefeated but unfortunately missed out on the semi-finals. Although this was a shame, it did allow for the netball team and AFL team to head to the soccer to watch their semi-final. The **soccer** team had a great day, winning 2 games and drawing another to make their way into the semi-final. In the semi-final against Wandiligong and Harrietville, the game was tight but unfortunately, we weren't able to match them on the day, losing 1-0. Congratulations to all our students who competed - you have made our school proud.



SUSTAINABILITY - GROWING MUSHROOMS

Students have been discovering just how easy it can be to grow fresh, nutritious food at home through our recent mushroom-growing project in the Outdoor Classroom. We purchased mushroom grow boxes for just \$30 each and cared for them with a simple daily misting routine over four weeks. The project showed students that delicious food can be grown in surprisingly small spaces - even in a cupboard or garden shed.

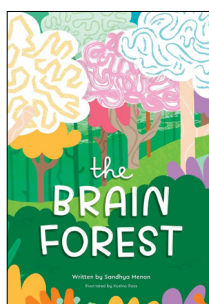
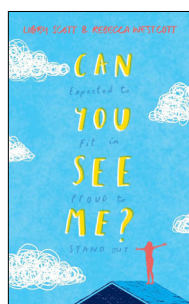
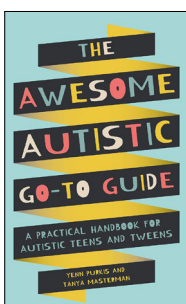
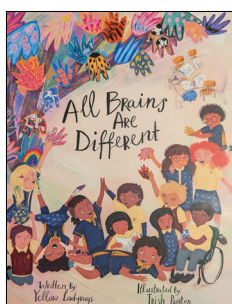
Once the mushrooms were ready to harvest, Year 5 and 6 students enjoyed sampling them lightly pan-fried. The tasting

sparked plenty of discussion, with one student describing the larger mushrooms as having a flavour that "tastes like steak," while another noted that the smaller mushrooms were "much more delicate on the palate."

The project highlighted how accessible food production can be, and encouraged students to think about sustainable ways of growing diverse and healthy foods at home. It was a fun, hands-on learning experience that connected science, sustainability and food education - and produced a very tasty harvest!

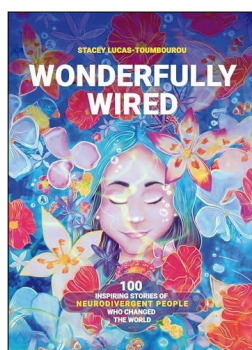
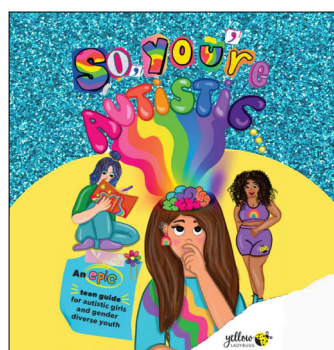
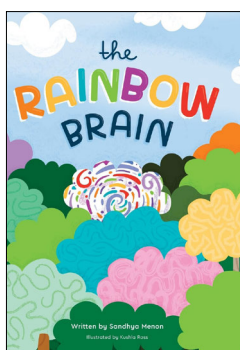


BOOK DONATION



Thank you to the Alpine Valleys Autism Community for their generous donation of books to our school library.

The books were donated to help foster understanding, acceptance, belonging and representation within our school.



This donation was made possible thanks to the generosity of our local community, including funds raised through Bright Brewery's Community Keg Night and Sixpence Coffee's Coffee for a Cause initiative.

The books are available for students and staff to borrow.

VCE VM WORK PLACEMENT REFLECTION

Hello, my name is Ryan L. I am a Year 11 student studying VCE VM. As part of my studies, I undertake work placement in the art and retail industry. I also attend GOTAFE one day a week where I am studying a Certificate III in Design Fundamentals.

Work Placement Tasks

Over the past six months, I have completed a range of tasks during my work placement at Espire. One of the main projects I worked on involved designing and creating artwork for special occasions and events. I designed a large window display for an event related to Australian Made Week. This involved creating rough design concepts, developing the artwork, and then freehand drawing the final design onto the shop window. Another project I completed was a winter-themed window display. The artwork stretched across the front windows of the shop and featured snowy mountain scenery, snowflakes and text. The display also included a snowman, a log cabin, chairlifts and gondolas to create a winter atmosphere.

Skills I Have Learnt

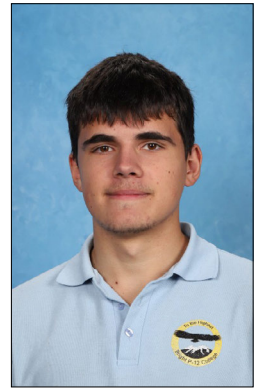
Throughout my placement, I have learned many valuable skills and completed a variety of smaller tasks, including:

- Sewing
- Ironing
- Cleaning
- Sorting stock and materials
- Tagging clothing
- Organising clothing racks
- Preparing materials for projects
- General shop maintenance and presentation

These tasks helped me develop practical workplace skills and gain experience in both retail and creative environments.

Reflection

I have enjoyed my work placement and would recommend it to anyone interested in art, retail, design, or related industries. The workplace was welcoming, enjoyable and provided me with many opportunities to learn new skills and explore future career pathways. This experience has helped me gain confidence, improve my creativity, and better understand the types of jobs and courses that may relate to my interests in the future.



SUSTAINABILITY - NEW INDUCTION COOKTOPS

Thanks to an Energy Efficiency Grant and our partnership with the Upper Ovens Sustainability Group, we have installed new induction cooktops in the Food Technology room, replacing the gas appliances.

The upgrade improves student safety, provides better indoor air quality, and reduces energy consumption. Induction cooking also offers fast, precise temperature control, helping students develop skills with modern kitchen technology. The project has also equipped our school canteen with an induction cooktop and energy-efficient slow cookers, supporting safer and more sustainable food preparation.

Thank you to the Upper Ovens Sustainability Group for helping make this valuable upgrade possible.



Yr 10 CAMP

Year 10 students recently went on camp to Melbourne, in order to experience city life and engage with opportunities unique to a larger city. While on camp, students visited two universities to understand what's involved in uni life and engage in opportunities offered at the universities. Students were given time to explore the city on their own terms and interact with the culture of Melbourne as young adults. Students described the experience as fun and engaging, with the highlight for many being the dinner at the Angliss Restaurant (part of the William Angliss Institute, a training institute for student chefs and hospitality students).



DINNER PLAIN CAMPUS

This term we are excited to be sharing regular updates from our Dinner Plain Campus. Catering for Prep- Year 6 students, the campus is open from King's Birthday Weekend through to the end of Term 3 each year. The unique alpine environment attracts a wide range of students from far and wide (we have students from Bright P-12 College, as well as from across Victoria and some from interstate), ready to embrace a winter season of learning, adventure and community.

Being a small school (this year we have a total of 51 students enrolled), in such a special environment means every day offers something different. With four small composite classes (the largest has 14 students), we are able to ensure that all students benefit from personalised learning, strong relationships with staff, and a genuine sense of belonging, where everyone knows and supports one another. It's this close-knit community that makes Dinner Plain School such a wonderful place to learn and grow.



We will be running our weekly cross-country skiing and bushwalking program, taking full advantage of the spectacular natural environment that surrounds us. We are also looking forward to celebrating Book Week later this term, with opportunities to inspire a love of reading, creativity and imagination across the school.

We're looking forward to another fantastic winter season at Dinner Plain School!

COMMUNITY NOTICES

Eyewatch - Wangaratta Police Service Area

The Community Sentiment Survey is NOW OPEN – and Victoria Police want to hear from you. The annual Community Sentiment Survey provides an opportunity for all Victorians to share their safety concerns, how they would like to interact with police, and where Victoria Police can focus efforts to keep our communities safer.

The survey supports the Neighbourhood Policing Framework and is for people of all backgrounds who live, work and socialise in Victoria. The survey is anonymous.

Your feedback helps us understand what matters most to you and helps us develop ways to tackle them. If you live, work and socialise in Victoria, tell us:

- how you feel about safety in your local area
- your ideas to improve the work we do
- how you want to engage with police and PSOs.

Make your voice count.
Complete the survey before 30 June.

HOW CAN WE KEEP YOU SAFER?

Complete the Community Sentiment Survey

NOW OPEN

Scan the QR code or head to engage.vic.gov.au/vicpol-2026



OUR COMMUNITY • YOUR SAFETY • OUR PRIORITY

COMMUNITY NOTICES

TERM 2 & 3 JUNIOR NETBALL COMPETITION

Join our Junior Netball Competition & Skills Clinic!

Starting Week 2 of Term 2 • 30th April – 10th September 2026

When: Thursday afternoons • 4:30 – 5:45pm
Skills clinic for 30 mins, followed by games from 5pm

Age: Grade 4 – Year 7 (Turning 10-14 years)

Where: Bright P-12 College Outdoor Netball Courts

Please fill out the attached Google Doc & EOI Form ASAP – Minimum numbers required!

Register Your Interest Now!

<https://docs.google.com/forms/d/e/1FAIpQLSdpwASWZ1ZB2MQ0j3Hc6-BH4CM3nmvFy2AEHYGKX0NuyZEhg/viewform?usp=public-editor>

Family Fun Day

COME JOIN THE FUN!

- SNOWMAN BUILDING COMPETITION
- SLED DOGS
- JUMPING CASTLE
- SILENT DISCO
- GLITTER TATTOOS AND HENNA
- KIDS ENTERTAINMENT
- FACE PAINTING
- KIDS CRAFT CORNER

FOOD COFFEE HOT CHOCOLATE

10am - 2pm
Saturday, 25th July 2026

Howitt Park, Bright

FOR MORE INFORMATION

FAMILY HUB

When schools and families speak the same language around mental health, our young people thrive.

Our **Family Hub** is designed to keep you in the loop, inspire everyday wellbeing practices at home, and help strengthen the connection between what your child is learning in the classroom and how you support them in life.

[Click here or scan this QR code to learn more about our Family Hub.](#)

[https://resilienceproject.com.au](#) [@resilienceproject](#) [/resilienceproject](#) [/resilienceproject](#)

GOswim / Bright Sports Centre

swim • sport • fitness

Learn a Skill for Life!

Enquire to enrol today in the GOswim Swimming and Water Safety Program

Contact Brightsc@belgravialeisure.com.au or call 0357551049 to find out more

TheirCare

Where Kids love to be!

Bright P-12 College

Social, enjoyable & fun experiences for children
Developing creativity, life skills & confidence through play
Qualified, caring & engaged staff
Exciting & thoughtfully designed programs
Healthy & fun food prepared each day

Bookings now open!

Session	Time	Fee	Fee
Senior School Care (SSC)	9:00 AM - 9:45 AM	\$14.00	\$1.00
After School Care (ASC)	3:00 PM - 6:15 PM	\$10.00	\$1.00
Early Start Day	8:00 AM - 9:15 PM	\$10.00	\$1.00
Holiday Program	9:00 AM - 3:15 PM	\$14.00	\$1.00

Calculate your fees

BSCASC session: 48 hours of session start time: \$5.00
Holiday Program: 5 days of session start time: \$10.00
Same day cancellation fee is out-of-pocket session fee.

Later Booking Fee

BSCASC session: 48 hours of session start time: \$5.00
Holiday Program: Book less than 5 days from the session start time: \$10.00

Later Pick-up Fee

Child not collected at end of session start time: \$10.00

To register visit theircare.com.au

0464 444 833

Save up to 90% with child care subsidy

TheirCare support team is available between 9:30am - 9pm weekdays (Eastern Standard Time) on 1300 072 430 or info@theircare.com.au

Bright Carers Brunch

Overview

Carers Victoria invites you to attend our free carers Brunch.

Looking after someone else can be a full-time job, so why not take a little time out for yourself?

Enjoy some great food and connect with fellow carers.

About this event

Carers Victoria invites you to attend our free carers brunch, for some well-deserved timeout and an opportunity to connect with other carers.

This event is FREE for carers but you do need to register to attend.

events@carersvictoria.org.au
1800 514 845
www.carersvictoria.org.au/events

BRIGHT

Thursday 13 August
10:00AM to 12:00PM

The Riverdeck Kitchen
16 Howitt Lane
Bright VIC 3741

Registrations Close: 10 August

Spaces are limited, register now! This event is designed for carers who live in the City of Bright and surrounding areas.

Scan to register

<https://carersvictoria.org.au/1580-event/bright>

COMMUNITY NOTICES



COULD YOU FOSTER A CHILD?

We **URGENTLY** need **Foster Carers in your area**. Enquire now on how you can help change a child's life.

CanIFoster.com.au | 1800 932 273

**Caring for an Autistic person?
Are you Autistic yourself?**

Join us to connect with others who understand



Autism Carer Support Group **Autistic Peer Support Group**

Information & Advocacy **Lived Experience Founded & Led**

Visit alpineautism.org.au or find us on Facebook



Positive Parenting Telephone Service

Our free 6 to 10 week program helps you to:

- Have stronger, more positive relationships
- Set rules and limits
- Manage everyday behaviour problems

Our program is for parents, grandparents and carers of children aged 2 to 12 years.

Participants complete a workbook and are supported by weekly 30 minute phone calls with a trained parenting educator.

All of this can be done from the comfort of your own home at a time that suits you.

1800 880 660

This is a **FREE** service, and enrolments are taken all year round. Call us for more information or to enrol.

WELCOME TO THE RESILIENCE PROJECT™

Parents & Carers

Why?

1 in 4 adolescents have a mental illness.

65% of adolescents do not seek help.

1 in 7 primary school children have a mental illness.

1 in 5 adults will experience mental illness.

Over 50% of students are at risk of a poor learning mindset (anxiety + disengagement).

Source: National Survey of Mental Health and Wellbeing, Australian Institute of Health and Welfare, Australia's Youth: Mental Illness

About the program

TRP is committed to teaching positive mental health strategies to prevent mental ill health and build young people's capacity to deal with adversity.

We're proud to be implementing TRP's evidence-based whole school wellbeing program to support positive mental health in the classroom, staffroom and wider community.

Students will engage in weekly lessons to understand and strengthen their practice of **Gratitude, Empathy, Mindfulness** and **Emotional Literacy**, with regular opportunity for parent/carer involvement.

Get involved with TRP@HOME

Scan the QR code or [click here](#) to find activities and resources to implement the GEM+EL principles at home.

Evidence-based

TRP's School Partnership Program has been independently evaluated by [The University of Adelaide](#) and [The University of Melbourne](#).

Scan the QR code to learn more about how the program is significantly lowering the risk of mental illness.

the imperfects

The imperfects podcast

[The imperfects](#) is hosted by Hugh van Cuylenburg, Ryan Shelton and Josh van Cuylenburg, celebrates just how imperfectly perfect we all are. Together, they chat to a variety of people who bravely share their struggles and imperfections alongside valuable learnings we can apply to our own lives and use to support the teachings of TRP in the classroom. Guests include Nathan Buckley, Grace Tame, Jack Steele, Zan Rowe, Michael Klim, Billy Slater, Lael Stone, Pat Cummins, Tim Minchin and many more.

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EARLY YEARS OUTREACH PROGRAM

The Early Years Outreach Program is a free service that supports families from a Culturally and Linguistically Diverse (CALD) background who live, play, work or study in the Alpine Shire.

Our CALD Early Years Officer works directly with families and local service providers to support inclusion and ongoing participation in education.

We can assist to:

- Enrol children in Kindergarten
- Connect with other early childhood supports
- Support families to transition from Kindergarten to Primary School

To find out more contact the CALD Early Years Outreach Officer:

0417 957 627 or shannanw@alpineshire.vic.gov.au

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