We have had some fantastic news over the last week with two of our Year 10 students being awarded exchanges.

**Alex Shem** went up against other Year 10 students from across the state to be finally awarded with honours to represent our College and the State on a German Exchange program. The award includes a 3-week course at the Goethe-Institut in January. **Only one student in the state is chosen**, so this was a huge achievement for Alex, well done.

**Jack Raymond** has been awarded a long-term exchange with the Rotary to Japan for 2014, fantastic news Jack. Another fabulous achievement and I look forward to supporting both boys on their endeavours.

*Kelli Jacobsen*

Acting Principal - Teaching & Learning

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**Get ready for school in 2014!**

**Prep 2014 Information Evening**

**Wednesday August 7 @ 7pm**

Meet in Mrs Forbes’ room

Parents welcome!

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**Intention to Ski forms**

for Day 3 (Wednesday August 7) are due Thursday August 1 so pick yours up from the front office!

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**HAVE YOUR DETAILS CHANGED?**

If you have moved, changed phone numbers or need to update your emergency contacts, please let the friendly office staff know your change of details.

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**Postal Address:** P O Box 30, Bright VIC 3741  
**Contact:** Telephone 03 5755 1166, Facsimile 03 5755 1770  
**College:** bright.p12@edumail.vic.gov.au  
**Editor:** ross.susan.j@edumail.vic.gov.au  
**Web:** www.brightp12.vic.edu.au

**ACTING PRINCIPAL’S REPORT**

Welcome back and I hope everyone had an enjoyable and restful break. Term Three promises to be eventful and busy with many exciting, challenging and enjoyable learning opportunities available to all our students, both within the classroom and the wider community.

**The Importance of Education**

Bright P-12 College has a strong and impressive educational record dating back to the late 1800’s. The College is one of a few state educational facilities where both primary and secondary students share the same campus. This provides a unique atmosphere for students and staff and further enhances the qualities of the College. This is a heritage we, the College Community can be proud of and it is essential we celebrate our accomplishments within the College and the wider Bright Community. We are a school for the community, and of the community.

At their core, schools are learning environments aiming to encourage the growth of their students; academically, socially and emotionally. Our continued success relies on all members of the Bright P12 community, working cooperatively to create engaging, vibrant and purposeful learning environments. Creating a positive climate within the learning environment is our focus. Care, trust, cooperation, respect and team skills are the skills needed to promote classrooms in which error is not only tolerated, but also welcomed.

Academic achievement requires the community around the learner to give support and encourage the development of learning skills and behaviours. One of the important learning behaviours needed is self-regulation. ‘This comes to the heart of learning to learn: it is about intention to use, consistency in appropriately using the learning strategies and knowing when chosen strategies are effective. This learning to learn is often called self-regulation; a term which highlights decisions required by the student in the process of learning.’ (Hattie, 2011).

Education is a passport to future opportunities. Every one of our students can achieve academic success, with time, effort and purposeful practice. Whatever your future pathway, a well-rounded education will support your goals and ambitions.

**Year 12**

As this is the last full term for our Year 12 students I would like to take the opportunity to wish them well as they finish their coursework and prepare for the November exams. Your efforts will be rewarded - as Max Carter (last year’s DUX) reiterated in his speech during the Senior Years Information Evening. Your community supports you in these last months of Year 12 and are proud of your efforts to date.

**Student Success**

I would like to make mention of a couple of our students who have received significant awards over the last couple of weeks. Alex Shem, who was successful in gaining the Goethe-Institut/AGTV Year 10 Award. A significant achievement for Alex, as he was the only student from Victoria to receive the award. Congratulations Alex.

Jack Raymond, who was successful in gaining a long term Rotary sponsored overseas placement to Japan for next year. Congratulations Jack.

**1876 Building**

Bright P 12 has been successful in securing funding to repair the drama room of the 1876 Building. I would like to thank all those involved in writing the application for this funding, with particular mention of School Council for their supporting letter. The Development Committee of School Council will now facilitate the allocation of this funding to start repair work.

Jean Olley

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**ADVANCE NOTICE:**

The next round of Parent Teacher Interviews is on the 21st August between 1.00pm and 6.30pm. Booking of your interview times will need to be done personally and online at http://www.schoolinterviews.com.au.

You will however, need to register first - go to the website, enter this code (BCYZK) and complete your details.

Bookings can be made from 7.00 PM on 5th August. Registered parents will be sent an email advising them that bookings are open.

Parents and guardians who do not have access to the internet can visit the front office where our friendly office staff can make bookings for you on the spot.

Once you have booked your interviews you will be able to print off your own timetable to bring with you to the interviews. Bookings can be edited up until the 20th August.

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**Cyberia**

On Friday 16th August, Brainstorm Productions will be presenting the play Cyberia for Years 6-11, a play that highlights some of the complex issues surrounding the misuse of technology and the damage caused by cyber-bullying.

This is an entertaining way to promote discussion and to give the students guidelines about what constitutes cyber bullying, the affects of too much screen time and violent computer games, internet safety, digital citizenship and protecting our on-line reputation.

This show will assist in creating a safe harmonious environment for students and staff at school and online.

For more information about the company go to www.brainstormproductions.edu.au

---

**IT’S NOT OK TO BE AWAY**

On Friday 16th August, Brainstorm Productions will be presenting the play Cyberia for Years 6-11, a play that highlights some of the complex issues surrounding the misuse of technology and the damage caused by cyber-bullying.

This is an entertaining way to promote discussion and to give the students guidelines about what constitutes cyber bullying, the affects of too much screen time and violent computer games, internet safety, digital citizenship and protecting our on-line reputation.

This show will assist in creating a safe harmonious environment for students and staff at school and online.

For more information about the company go to www.brainstormproductions.edu.au
Welcome back to term 3 and I hope everyone had a restful and enjoyable break. The term has started off at a busy pace with our Ski Program back and a host of other activities already underway. There are many important events occurring this term so please keep a close watch on the College calendar.

Teenage Girls and Social Media

My attention was drawn to some recent research at Flinders University on teenage girls and social media and I would like to share some of the key findings.

The study found that teenage girls who spend more time on social media and post their weight-loss progress selfies, are more likely to be dissatisfied with their bodies and have low self-esteem. Researchers interviewed more than 1000 high school girls and found conversations about appearance were “intensified” on social media, and were more influential because they involved peers. The girls who were first interviewed aged 8 and 9 years were asked about their social media habits and self-esteem.

They were then interviewed at the ages 10 and 11. By then 90 per cent had a Facebook account, with an average of 475 friends and were uploading pictures of themselves to the internet. The time the girls spent on social media had blown out from one hour 45 minutes a day to two-and-a-half hours. Only 34.9% of the girls said that their parents set rules about when and what they can look at on the internet. Of the 96% of girls who had some access to the internet at home, 72.1% upload pictures of themselves to the internet and 12.1% upload videos of themselves.

Although 80 per cent of the girls surveyed were classified as normal weight, 46 per cent said they were dissatisfied with how much they weighed. “Time spent on social network sites was related to lower self-esteem, body-esteem, sense of identity and higher depression,” researcher Amy Slater said.

Experts believe social media has a more powerful influence on teenage girls than traditional media because it is so pervasive and interactive. Dr Amy Slater explains, “Our findings demonstrate a worrying correlation between excessive media use, particularly social media and the internet, and lower self-esteem, body-esteem and sense of identity and higher depression.”

For good information about cybersafety the following websites are worth a visit:

www.cybersmart.gov.au

Maintaining and strengthening a safe and secure environment at Bright P-12 College is key work for staff, students, families and community. If you wish to contribute to this work in any way or have ideas about further enhancing our safe school commitment, I welcome your input. Please don’t hesitate to contact me on 57551166.

Annie Gowing

ACTING ASSISTANT PRINCIPAL’S REPORT
– TEACHING & LEARNING

Welcome back for Term 3. I hope everyone enjoyed their break with their families and are ready and raring to go for another fantastic term. As we always say, it will be another busy term with many incursions and excursions and certainly a lot of teaching and learning happening again this term.

This term will see another two ICAS assessments, with English being on the 31st of July and Mathematics on the 13th of August. Students and their families will be informed of results of previous assessments as they filter through from ICAS. The Australian Mathematics Competition will also be happening on the 1st of August and I wish all students participating in these assessments the very best of luck.

You will see some unfamiliar faces around the school grounds over this term. We are lucky enough to be hosting more student teachers. At the present time we have Ebony D’Arcy with Julie Van der Stelt in Year 5/6 on a 5 week placement and Jake Mutimer is working with Matt Pywell across Secondary PE on an 8 week placement.

Parent Teacher Interviews will be taking place on the 21st of August. Thanks to the hard work of Tim Webber, we have introduced an online booking system (see article Page 2). Please keep an eye out for a letter later in the week. If you do not receive the letter of registration then please come into the office where we will have some spare notes.

Course selection and information sessions will be a major focus for term 3. The Prep Information Night will be on the 7th of August from 7pm. There will be an advertisement in the local paper soon. If you require any further information about school enrolments or course selection please contact me.

I look forward to working with staff, students and parents over the term, with my main focus being on Teaching and Learning. If you have any questions or concerns about Teaching and Learning, AusVELS, Australian Curriculum, reporting or assessment please do not hesitate to contact me.

Kelli Jacobsen
Willkommen – Welcome

On behalf of the Bright P-12 College community I would like to extend a warm welcome to our two new exchange students from Germany.

**Lina Schrabbe** (left) Year 11, from Berlin, is staying with the Kelly family. Lina will be in Australia for 10 months.

**Celina Steffens** (right) Year 9, from Düsseldorf, is staying with the Pascoe family. Celina will be in Australia for 5 months.

*Katrina Ciolli, German Teacher*

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**Work Experience**

I would like to particularly recognize all our Year 10 students who were involved in Work Experience during the last two weeks of term 2. Our students were involved in a wide range of work settings from the army to a veterinary clinic. Reports have been very positive about the learning that students gained from this experience. Some students have returned to school with a strengthened focus on their career pathway and an increased motivation to ensure they achieve their goals. I would like to congratulate all our students for representing the College in a positive way and for taking full advantage of the opportunity that Work Experience has provided for them.

*Annie Gowing*

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**HOST FAMILIES NEEDED**

for the 2014 Bad Aibling sister school visit.

4 weeks in February/ March 2014

You don’t have to be learning German, just interested in learning about Germany from your guest and sharing your knowledge of Australia.

For more information and to register your interest: Contact **Frank Kusch or Katrina Ciolli** at Bright P-12 College **BEFORE 30TH JULY**:

kusch.frank.k@edumail.vic.gov.au / ciolli.katrina.m@edumail.vic.gov.au or 5755 1166
Bright P-12 College

**Our Valiant Volunteers!**
Thankyou again to those wonderful parents (above) who braved the arctic temperatures last Saturday at the Bright Markets to man our fundraising BBQ. You’re stars!
And thankyou so much to those wonderful mums who manned the End of Term Lunch in June (below). We really appreciate it!

*And in other news -*
- The **Woolworths Earn & Learn** campaign figures are being tallied and we’ll be able to announce the total in the next newsletter.
- Come along to the friendly **Parents & Friends meeting** and share your skills (and stories of your kids) - **THIS TUESDAY, JULY 30th IN THE COLLEGE LIBRARY.**

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**Parents & Friends Group**

**Bright P-12 BBQ @ Bright Markets - Help needed from Year 10**

**We need** volunteers to help run one of the most successful P&F Fundraising activities.

Please note this month we will need parents’ assistance with towing the BBQ Trailer as well as manning the stall. Come along and have some fun!

Please contact Clare Wood on 0430439327 or email Clare.wood@spin.net.au

**Without your help we cannot raise much-needed funds for the school.**

<table>
<thead>
<tr>
<th>Date</th>
<th>Assisting Class/Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>17th August</td>
<td>Yr. 10</td>
</tr>
<tr>
<td>21st September</td>
<td>Prep’s &amp; P/1</td>
</tr>
<tr>
<td>19th October</td>
<td>Yr. 8</td>
</tr>
<tr>
<td>16th November</td>
<td>Yr. 5/6Y &amp; 5/6V</td>
</tr>
<tr>
<td>21st December</td>
<td>Yr. 9</td>
</tr>
</tbody>
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**Bright P-12 Parents & Friends Group**

Inspiring education, Supporting families, Connecting community©

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**On Friday 16th August, Brainstorm Productions will be presenting **Buddies** for Prep - Year 5, an exciting adventure that gives clear strategies for maintaining friendships and being safe on the internet. In this adventure the characters learn to control themselves, express their feelings in a safe way, seek help, use kind words, listen, tell the truth and never give their details or talk to strangers online.**

For more information on the company go to [www.brainstormproductions.edu.au](http://www.brainstormproductions.edu.au)

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**Year 12 student Alex Mitchell treated the staff to a spectacular and sumptuous luncheon as part of her Cert II in Hospitality course. Lucky us!**
Sporting Heroes
SRC Fundraiser
**Music news**

**Concert Band**
Next week on Thursday the 1st of August the Concert Band will be competing in the Albury/Wodonga Eisteddfod. Please remind your child to come lessons and band practice before this event. Also a couple of people are overdue with their Term 2 Concert Band fees. Please pay these ASAP to the front office. If you are unsure if you are paid up please contact Mr Campbell.

**Prep-Year 2 Choir**
Please encourage your child to come along to the Prep-Year 2 Choir on Monday at the start of lunchtime. This Choir is free and will be performing later this term, please remind your child to come to this.

**Year 3-6 Choir**
The 3-6 Choir is still rehearsing on Tuesday at lunchtime. Students need to be committed to this ensemble and come to all rehearsals. We will be performing a number of times towards the end of the year. It makes it hard to rehearse the group properly with spasmodic attendance from some students. Please remind your child to attend this rehearsal each week.

**Joe Davis-Vocal Lessons**
Our singing teacher Joe Davis is currently taking some leave and will be back around the end of August. Please put this in your diary if you were not already aware of this.

**New Music Students**
It is never too late to start learning a musical instrument at Bright P-12 College. Some students are new to the school this Semester and maybe interested in learning an instrument. We have a wide variety of instruments including, flute, clarinet, saxophone, trumpet, trombone, euphonium, tuba, drums, guitar, bass guitar, piano and voice available to learn at school. Please see Mr Campbell if you are interested and for details of how to start.

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Dear Parents, the College’s grounds are a **PEDESTRIAN ZONE** - i.e. NO cycling / scootering / skateboarding is permitted, for SAFETY reasons.

Please ensure that your family respects this college rule and **dismounts from any transport before entering school grounds.**
Victorian students can win a trip for a family of four to the set of Seven Network’s Home and Away by explaining, in 50 words or less, what they can do to be a Bully Stopper.

The competition begins at the start of Term 3. The competition is one of a number of initiatives to get students talking about the role they can play in stopping bullying. Up to one in five children are involved in bullying at any one time, and about 10 per cent of children report that they are being cyber-bullied. The Victorian Government’s Bully Stoppers campaign provides teachers, parents and students with tools and resources to prevent bullying.

For more information or to enter the competition, visit bullystoppers.com.au.
Classical Guitar Society of Victoria
Solo Guitar Competition

OVER $10,000 worth of cash and prizes to be won!
Adjudication by Slava and Leonard Grigoryan
Entries close on 31st of July!!!
Download and complete an entry form via www.cgsv.org.au
CGSV member entry fee $25, Non-Member $40
5 sections ranging from total beginner to the highly advanced
OPEN category. Substantial prizes for each category!!
1st place in OPEN category includes: $1,500 cash (from
CGSV) an AER Compact Classic Amp and RODE NT2000
microphone (from Hans Music) Plus much much more!!!
There is even a $3,500 guitar building course at Thomas
Lloyd Guitars as a DOOR PRIZE open to spectators and
competitors!
For competition details please visit: www.cgsv.org.au
For further enquiries please contact: info@cgsv.org.au

Alpine Shinkyokushin
Karate Club
For Martial Arts training, physical fitness, skill, stamina, coordination, discipline, self defence & fun
Ages: 5 years & upwards
Classes: Tuesday & Thursday
For more information call into our Porepunkah Dojo (training hall) or ring:
Sempai SUE TEXLER 0421562248
www.alpinedojo.com

FAMILY LAW NETWORK
AUSTRALIA
A recently launched website may be of interest to the College Community: www.familylawmattersaustralia.com.au
Family Law Network Australia (FLNA) was established as a free information resource and referral service in the event of needing assistance with family law issues. FLNA is information of a general nature only and does not constitute legal advice or replace the services of a lawyer.
The site contains information on separation and divorce, parenting arrangements, property settlement and child support, together with links and resources.

Financial Assistance for Families

Education Maintenance Allowance - information for new parents and parents currently receiving EMA
The EMA continues to help families on lower incomes with financial assistance to cover the cost of educational expenses including textbooks, stationery, uniforms and excursions for their child up until the age of 16.
From 2013, on the EMA application form you can choose to have your EMA payment;
• Paid by direct deposit (Electronic Funds Transfer) into your nominated bank account or
• Paid by cheque which will be posted to the school for collection or
• Paid to the school to be held as credit which you can use towards education expenses
The introduction of the payment option to have the EMA payment directed to the school provides parents with extra flexibility to assist with budgeting towards education expenses.
To be eligible for the second EMA payment for 2013, you must:
• be either a parent or guardian of a primary or secondary school student up to the age of sixteen; and
• be an eligible beneficiary of a Centrelink pension, allowance or benefit within the meaning of the State Concessions Act 2004* or be a Veterans Affairs (TPI) pensioner or be a temporary foster parent.
* i.e – the parent/guardian must be the holder of a valid Health Care Card or valid Pension Card.
The eligibility criteria for Period 2 must be met as at 15 July
Parent applications close 2 August
Payment Amounts - for Period 2 2013:

<table>
<thead>
<tr>
<th>Age 16</th>
<th>Prep</th>
<th>Years 1-6</th>
<th>Year 7</th>
<th>Year 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>$75</td>
<td>$60</td>
<td>$45</td>
<td>$90</td>
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</tbody>
</table>
Further information and forms can be obtained from the School Office.

SKI DE FEMME (Rescheduled)
Sunday 4th August, at 10 am in the Nordic Bowl, Falls Creek.
Free cross country ski lessons for women of all abilities, from beginner to advanced in skating or classic techniques. No registration required- just turn up on the day. Enquiries to Ronice Goebel on 0409332642

Bright Fun Run
Hats & Visors available NOW
at the very low price of ...

$20

Available for purchase at www.everestsports.com.au
Tupperware

COURTENAY FORD
FUNDRAISING NIGHT

Come along for a fun night of viewing the current Tupperware range and help support Courtenay’s fundraising efforts to volunteer in Tanzania, Africa in November.

Bring a friend (or friends) and join in with door/raffle prizes.

10% of Sales for the night + $20 per party booking made on the night will go to Courtenay’s fundraising.

Also, the following offers are also available:

- Collect $200+ in orders and receive a gift
- Collect $500+ in orders and receive a gift + go in the draw to win a Modular Mate Home Start Set – RRP $158

DATE: TUES 30TH JULY 2013
TIME: 7.30pm Start
WHERE: The Star Room (Star Hotel), Bright

College policy re: Mobile Phones, iPods & MP3 players:

Within the ICT Acceptable Use policy, all students have agreed to:

- Keep the device turned off at all times, not bring it to class unless permitted to do so by the classroom teacher and only make use of it outside of lesson times when permitted to do so by a teacher or member of school staff.
- Protect the privacy of others and never post or forward private information about another person using Short Message Service (SMS)
- Take no photos, sound recordings or video while at school or under the school’s supervision except when permitted to do so by a teacher or other member of school staff.

To utilise the BPAY option, please refer to the Biller Code and unique Customer Reference Number located on the bottom of your family statement, or contact the School to obtain this information.

* Please indicate on all permission/payment forms that payment has been made by BPAY, and ensure that the forms are handed into the Office as usual / notify the Office of incoming fee/levy payments, so correct allocations can be made.

COOLAIR REFRIGERATION

Installation, service and repair of fridges, freezers, air conditioning, coolrooms & mechanical services

LEIGH JONES
Mob: 0417 346 763 Fax: 5755 2329

HIGHPeAK ELECTRICAL & SOLAR

ALL THINGS ELECTRICAL
ALL THINGS SOLAR
GREAT SERVICE WITH PROFESSIONAL RESULTS
CALL DAMIAN @ POREPUNKAH
0417 5332113
Children With Type 1 Diabetes - Are You Challenged by Your Child's Diabetes?

Research into parenting children with type 1 diabetes.

The University of Queensland is conducting research into parenting children with type 1 diabetes. Parenting a child with diabetes presents many challenges (everything from the regular blood glucose monitoring and insulin intake, to more general parenting tasks). The aim of this study is to understand the factors that make the management of childhood diabetes particularly difficult, and to use this information to develop strategies that might assist parents in managing their child’s diabetes.

If you are a parent of a 2 to 10-year-old child with type 1 diabetes, we would love to hear from you!

By sharing your experiences (confidentially), you will be making a valuable contribution to the development of much-needed childhood diabetes management strategies for parents.

To complete the online survey, please log on to: https://exp.psy.uq.edu.au/type1diabetes

For further information about the project or to request a survey to be posted to you, please email Aditi Lohan (aditi.lohan@uqconnect.edu.au) or phone Amy Mitchell (07 3365 7305) at the Parenting and Family Support Centre in the School of Psychology at the University of Queensland, St Lucia QLD 4072 (Fax: 07 3365 6724).

Thank you for your time and participation.

Aditi Lohan, Alina Morawska, and Amy Mitchell
UQ Parenting and Family Support Centre
COMMUNITY TREE PLANTING DAYS

Upper Ovens Valley Landcare Group would like to invite all the family to attend the first of a series of planting days along the picturesque Ovens River near Bright recently cleared of weeds and willows.

Come along and plant a tree for yourself, the community and the environment.

A Sausage Sizzle and refreshments will be provided for all participants at 12 noon.

For further information: Karen Doherty 0419 876 963

CHECK YOUR CHILD FOR HEADLICE:
Head lice do not transmit infectious diseases – they are transmitted by having head to head contact with someone who has head lice. You may be reassured to know that head lice are commonly found in many places. Head lice are common in school-aged children and are the most adaptable of creatures. They have survived living solely on humans for 10,000 years!!!! If head lice or eggs are found on your child’s hair you need to inform the school and parents or carers of your child’s friends so they too have the opportunity to detect and treat their children if required.

Thank you for your cooperation in this matter and please don’t hesitate to contact me for further information. Annie Gowing

Follow these steps and remember if you look once a week using this conditioner and comb method you may find a nodule before it’s a mountain:

Step 1: Comb inexpensive hair conditioner or to dry, brushed (detangled) hair. This makes it difficult for lice to grip the hair or run around.

Step 2: Dip the conditioner from the comb onto a paper towel or tissue.

Step 3: Look on the tissue and on the comb for lice and eggs.

Step 4: If lice or eggs are found, the child should be treated.

Step 5: If the child has been treated recently and only hatched eggs are found, you may not have to treat since the eggs could be from the old infection.

Mini Digger Hire
- Soil levelling/spreading
- Yard or Site clean up
- Trenching for irrigation or power

Small domestic & Commercial Jobs
Call Murray 0434 763 154
murrayc@bigpond.com

North East Superior Carpet & Upholstery Cleaning

WATER DAMAGE RESTORATION 24HR EMERGENCY SERVICE

ICRC Certified & Insurance Accredited
Carpet & Fabric Protection
Lounge Suites, Leather & Mattresses
Upholstery & Motor Vehicles

Call Ross Griffith
0408 847192 or 5755 5164
Servicing Entire Alpine Shire Area

Alpine Building Permits & Consultants
For prompt, reliable and efficient building permits and inspections

Call Phil, Glenn and the team: 035755 1589
8.30 am – 5.30 pm Mon-Fri
Shop 4, 1a Camp Street, Bright
E: info@alpinebuildingpermits.com.au
**STADIUM FOR HIRE**

The Bright College Stadium is available for hire by community groups!

Currently available:
- Monday evenings from 5pm
- Friday evenings from 3.30pm
- Most weekends

$40/hour.
Call John Dodd to discuss on 0413 313 9339

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**FREE LIVE ONLINE INFORMATION SESSION – THURSDAY, 25TH JULY 2013**

- Come and meet our staff
- Hear comprehensive information on all aspects of exchange
- Ask questions
- Listen to questions asked by other students and parents, and
- Meet other students who are considering going on exchange
- Scholarships available!

Our next Live Online information session will be held at:
7.30pm (EST) / 7.00pm (CST) / 6.30pm (WST) on
Thursday, 25th JULY

To secure your place, please register online:
http://studentexchange.org.au/info-sessions/
1300 135 331 (cost of a local call)

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**FREE COUNTRY ONLINE INFORMATION SESSIONS – WEDNESDAY, 31ST JULY, 2013**

- Meet the Program Manager
- Ask country specific questions while watching a presentation.
- Obtain information about the country you have selected for your exchange, such as:
  - program durations and options,
  - visas and vaccinations,
  - host family, location and culture,
  - application and departure dates,
  - language and age requirements, and
  - gap year options (if available).

Our next Country Online information sessions will be held on:
Wednesday, 31st July

- CANADA
  - 6.15pm (EST) / 6.30pm (CST) / 5.00pm (WST)
- GERMANY
  - 5.30pm (EST) / 5.00pm (CST) / 3.30pm (WST)
- JAPAN
  - 7.00pm (EST) / 6.30 pm (CST) / 5.00pm (WST)

To secure your place, please register online:
http://studentexchange.org.au/info-sessions/
1300 135 331 (cost of a local call)

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**FREE 24/7 ON DEMAND - VIDEO PRESENTATIONS**

Our Online sessions provide access to the same comprehensive information presented at our city sessions. If you live remotely from the major cities or cannot get along in person you can also watch our 24/7 On Demand streaming media presentations anytime you like.

To access the 6 videos available, please register online:
http://studentexchange.org.au/info-sessions/
Active After-school Communities
Australian Sports Commission

Free sport and healthy snacks after school

The Active After-school Communities (AASC) program is an Australian Government initiative providing primary school children with a fun, free and safe introduction to a selection of over 70 sports and 20 other structured physical activities in the after-school timeslot.

Parents/guardians are invited to enrol their child/ren in the activities on offer (see below). As well as participating in these activities for free, all children will receive a free healthy afternoon tea, coaching from a qualified coach (with current Working with Children Check), access to sports equipment and a supervisor.

These sessions will provide children with a positive and fun introduction to sport and other structured physical activities to motivate them to be active for life.

All programs are delivered by AASC registered community coaches.

Sports and activities on offer Term 3

Bright P-12 College is pleased to offer the following AASC activities in Term 3 starting on Monday July 22, 2013

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Multigames</td>
</tr>
<tr>
<td>3.30pm - 4.30pm</td>
<td></td>
</tr>
<tr>
<td>Thursday</td>
<td>Basketball</td>
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<tr>
<td>3.30pm - 4.30pm</td>
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</tbody>
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To find out how your child can be involved in the AASC program, please contact John Dodd (57551166) or fill in this slip and hand in to the front office.

My child wishes to enrol in the following AASC program(s).

<table>
<thead>
<tr>
<th>Activity</th>
<th>Day</th>
<th>Day</th>
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<tbody>
<tr>
<td>Multigames</td>
<td>Monday</td>
<td>Thursday</td>
</tr>
<tr>
<td>Basketball</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Name: __________________________  Relationship to child: __________________________

Signature: __________________________  Date: __________________________

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